

*Hello, world! Are you dancing?*

**CAMBRIDGE**



**24 - 26  
February**



**2017**

**FESTIVAL  
PROGRAMME**

# Chairman's welcome to Cambridge

Dear most excellent, most happy, most well-travelled folk dancers from close and far,

Hello! Welcome to IVFDF Cambridge 2017!!! Thank you for all travelling to this part of the country - whether it has been a 20-minute cycle, or a 6-hour coach journey. You are all hugely welcome to what should be an absolutely fantastic festival - I can confidently predict that for me, it is going to be the best ever IVFDF I have been to (primarily as it is the only IVFDF I have ever been to).

Should you need any help at any time of the festival, you can find someone in a highly-stylish **orange** IVFDF Cambridge 2017 T-shirt, who are our fantastic stewards. They will try and happily help you as much as possible.

I would like to say a huge thanks to all of our sponsors, without whom this festival could not go ahead. Please also check out the awesome stalls that we have!! I really hope you have an absolutely brilliant festival!!!!!!

Muffyn.

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# Essential info

## Reception

Main reception is at the Junction, J1 entrance. Open Friday 18:30-00:00, Saturday 08:30-00:00, Sunday 08:30-17:00

There will also be a reception at Hills Road Sixth Form when this venue is open.

Reception phone number: 07824 858466

## Stewards

Will be proudly wearing orange t-shirts and will help with any questions if you are nice to them. If they ask you to do something, please try to help. You can also contact the number above.

## First Aid

St John Ambulance will provide first aid during all dancing hours. They are based at the Junction, please ask stewards for help or ring the number above.

## Parking

The multi-storey near the railway station is cheapest, but the multi-storey behind the Junction is closest! (Validate your parking ticket at the Junction for cheaper parking). There is also park and ride on most routes into the city where you can park overnight.

## Shopping

Limited stocks of IVFDF 2017 merchandise will be sold at main reception. Buy early to avoid disappointment!

Folk retailers will set up their stalls in J1. Please browse and buy and support them!

## Accessibility

All areas have step-free access. Please ask if you need any help or advice.

## **Food and drink**

The two venues are lucky to be surrounded by many choices to suit all tastes and budgets, including four mini supermarkets, many chain restaurants and independent outlets.

The café at Hills Road Sixth Form will be open on Saturday 9am-3pm. The bars at the Junction will be open during evening dances.

## **Sleeping venues**

Indoor camping is at Great St Mary's, the University church, right in the centre of Cambridge, just west of the market square and opposite Kings College Chapel. It is about half an hour's walk due north from the venues. There is a bus, Citi 1, that goes from directly outside Hills Road Sixth Form College. It runs frequently during the day and leaves around 23.15, 23.45, 00.15, 01.15, 02.15 on both nights.

The stop for Great St Mary's is opposite Christ's College and another church on your left. Walk along the pedestrianised area visible past bike racks and turn left along the pedestrianised street leading west and Great St Mary's is right across the market square. No alcohol is allowed in the sleeping venue. For further details and opening times please ask at reception.

**Showers** are located by the main doors to Hills Road Hall and are open when that venue is open.

## **Baggage**

Please ask at reception for baggage store details.

## **Morris Tour**

Morris Tour will be happening around Cambridge on Saturday, details available at reception.

***IVDFD 2017 respectfully expects you to be respectful. Please see page 30 to read the Code of Conduct.***

# Scottish Country Dance Programme

## Màrtainn Skene Highland Dance Band with Jacob Steel

Saturday 25 February 19:00-22:30 at Hills Road Sixth Form College

Shiftin' Bobbins	R 8x32 3C(4C set)	Easy
St Andrew's Fair	J 8x32 3C(4C set)	Easy
Sugar Candie	S 8x32 3C(4C set)	Easy
Trip to Bavaria	R 4x32 4C	Medium
C'est L'amour	J 8x32 3C(4C set)	Easy
Autumn in Appin	S 4x32 4C Drewry set	Hard
Reel of the 51st Division	R 8x32 3C(4C set)	Easy
Bees of Maggieknockater	J 4x32 4C	Hard
Braes of Breadalbane	S 8x32 3C(4C set)	Easy
Mairi's wedding	R 8x40 3C(4C set)	Medium

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Joie de Vivre	J 8x32 3C(4C set)	Easy
Dundee Whaler	S 4x32 4C	Easy
Mr Greystoke's Favourite	R 8x32 3C(4C set)	Hard
Postie's Jig	J 4x32 4C	Easy
Partans in his Creel	S 4x32 4C	Medium
J.B. Milne	R 8x32 3C(4C set)	Medium
Aird of Colgach	J 4x48 4C	Medium
Culla Bay	S 4x32 4C square set	Easy
Highland Rambler	R 8x40 3C(4C set)	Easy
Hooper's Jig	J 8x32 3C(4C set)	Easy

### Extras:

Inchmickery,	J 5x32 5C set	Easy
Lady Lucy Ramsey,	S 8x32 3C(4C set)	Easy
Nottingham Lace	R96 4C square set	Hard

## Sponsors

Huge thanks to our sponsors:



**LOTTERY FUNDED**



**efdss**

english folk dance  
and song society



## Partner Societies

IVFDF 2017 is a University of Cambridge student society. We couldn't have done this thing without lots of help and assistance from our University folk society partners. All welcome to come along and enjoy folk in Cambridge all year!

### **The Round**

The Round is Cambridge University's English Country Dance Society with a mix of Playford, ceilidh, and contra. Meets every Thursday during full term 8-10pm in Wesley Church Hall:

<https://round.soc.srcf.net/about>

### **Cambridge University Strathspey and Reel Club**

Devoted to Scottish Country Dancing! Everyone welcome, including beginners, for social dancing and relaxed teaching on Mondays in full term 8-10pm Wesley Church Hall: <http://cusarc.soc.srcf.net>

### **Cambridge University Ceilidh Band**

A thriving non-audition society of musicians brought together by an inexhaustible enthusiasm for folk music. Always available for any event that would benefit from a talented and energetic ceilidh band: [www.cucb.co.uk](http://www.cucb.co.uk)

### **CamFM**

CamFM is a student run radio station on 97.2 FM, and is the official radio station for IVFDF 2017. The CamFolk show on Fridays 11pm-midnight, has been playing fantastic folk music, and has featured an IVFDF band of the week since November. It has been great having them support us, and we recommend you check out their website [www.facebook.com/CamFolkonCamFM/](http://www.facebook.com/CamFolkonCamFM/) or [www.camfm.co.uk/shows/camfolk/](http://www.camfm.co.uk/shows/camfolk/) as you can play back their shows from up to four weeks ago.

# Plans - Cambridge

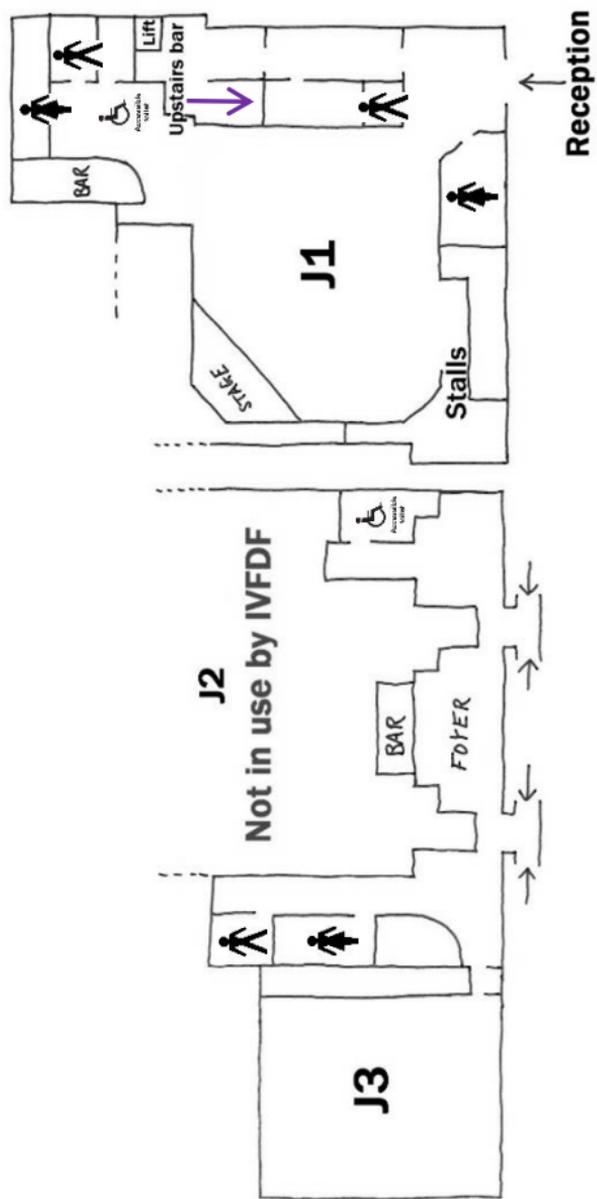
Great St Mary's – indoor camping



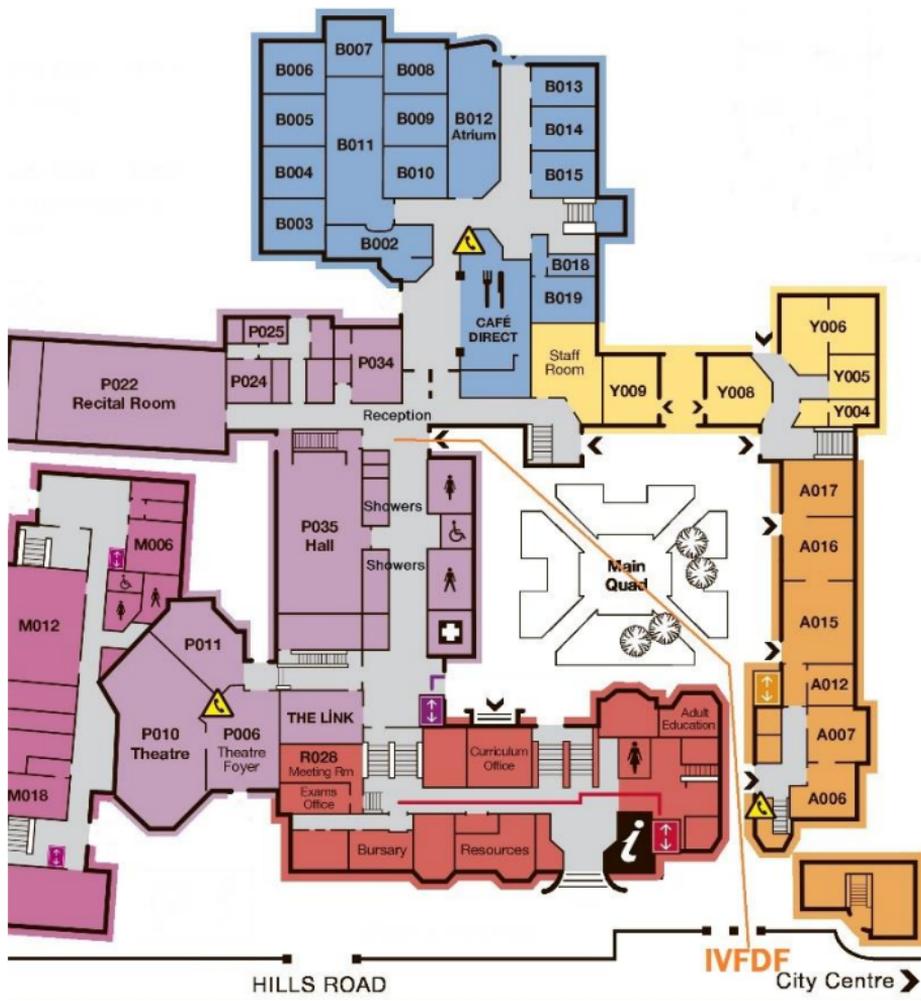
Cambridge Junction

Hills Road Sixth Form College

# Plans – Cambridge Junction



# Plans – Hills Road Sixth Form College



## Timetable - Friday

	<b>J1</b>	<b>J3</b>	<b>Hills Road Recital Room</b>
<b>19:00</b>			<b>Contra</b> 19:00-22:30 <b>Minor Contravention</b> <b>with Geoff Cubitt</b>  With an Acrobalance interval display
<b>20:00</b>	<b>Ceillidh</b> 20:00-23:30 <b>Jazz Ceillidh Project</b> <b>with Mae McAllister</b>  Interval display by Cambridge University Pole Society	<b>Playford</b> 19:30-23:00 <b>Purcell's Polyphonic</b> <b>Party</b> <b>with Jen Morgan</b>	
<b>21:00</b>			
<b>22:00</b>			
<b>23:00</b>			
		<b>Late night dancing</b> Until 02:00	

# Timetable - Saturday

J1	J3	Hills Road Recital Room	Hills Road Hall
<b>09:00-13:15 Workshops in the Junction and Hills Road, session in J upstairs bar. See page 19</b>			
<b>14:00-17:00</b>	<b>Display Ceilidh</b> CUCB with Muffyn		
<b>17:15-18:30 Workshops in the Junction and Hills Road, session in J upstairs bar. See page 23</b>			
<b>19:00</b>	<b>Ceilidh</b> 19:00-22:15	<b>Contra</b> 19:00-22:30	<b>Scottish</b> 19:00-22:30
<b>20:00</b>	<b>Willi Pound Ceilidh</b> <b>Band with Lisa Heywood</b>	<b>Bacon Avenue with Rachel Shapiro Wallace</b>	<b>Mairtinn Skene Highland Dance Band with Jacob Steel</b>
<b>21:00</b>	With an interval display by Gog Magog Molly	With interval display by Granta Blue Morris	
<b>22:00</b>	<b>Bal</b> 21:00-23:30 <b>Sons Libres</b> Taxis wearing sashes will help you!		
<b>23:00</b>	<b>EDM Ceilidh</b> 22:30-00:00 apokalypse with Paul Martin		
	<b>Late night dancing</b> Until 02:00		

## Timetable - Sunday

<b>09:00-13:15 Workshops in the Junction and Hills Road, session and scratch band rehearsal in Junction upstairs bar. See page 25</b>	
	<b>J1</b>
<b>14:00</b>	<b>Survivors' Ceilidh</b> 14:00-17:00
<b>15:00</b>	<b>The IVDF Scratch Band led by Stephanie Martin</b>
<b>16:00</b>	<b>With MC Sally Vernon and anyone who wants to call</b>
<b>17:00</b>	
	<b>J3</b>
	<b>Overflow Survivors' Ceilidh</b> Bring your instruments and calling cards!

## Dances – Friday

### **Jazz Ceilidh Project**   **Ceilidh**   **J1**   **20:00–23:30**

An exciting new ceilidh experience featuring the acclaimed saxophonist Tony Woods and up-and-coming box player Owen Woods, JCP deliver an unprecedented level of raw energy to a crowd. We play jazz music based on traditional tunes, heavily improvised. Every ceilidh of ours will be different, even if we play the same tunes!



*with caller* **Mae McAllister**

Physicist by day, evil mastermind by night, Mae loves to push her dancers and herself with interesting and innovative dances and is perpetually searching via experimentation for the holy grail - The Best Explanation (bonus points if it includes robots). Mae calls gender-neutral as standard.

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### **Purcell's Polyphonic Party**   **Playford**   **J3**   **19:30-23:00**

A trio of musicians come together to combine their love of Purcell, Playford, Baroque and the Nordic Noir. With 99+ strings to their armoury of unusual



instruments you can be assured that a dance evening has plenty of variety. Take one spinet, one viola d'amore, one nyckelharpa. Stir occasionally with gondola and accordion. Once mixed add one set of bagpipes, a light sprinkling of flageolet and allow to simmer gently

together on stage for around 2 – 3 hours. Then enjoy some beautifully served up Playford dances.

*with caller* **Jen Morgan**

Caller, dancer and organiser, with a love of contra and Playford. Jen organises the Coventry Zesty Playford series of dances, focusing on dancing with energy and enthusiasm, welcoming everyone and bringing Playford dancing to new audiences. Jen is looking forward to building on this with an evening of fun and accessible Playford dances.

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## **Minor Contravention**

### **Contra Hills Road recital room 19:00-22:30**

An exciting new combination featuring members of two of IVFDF's favourite contra dance bands - Nicky McConkey from The Night Before on fiddle, Ian Roberts from Vertical Expression on melodeons and feet, and Charley Roberts from Vertical Expression on piano.

The band takes a variety of dance tunes ranging from stompy to slinky, layers them up with dynamic fiddle, detailed melodeon or driving one-row accordion, big chunky piano chords and an extra boost from foot percussion.



*with caller* **Geoff Cubitt**

Geoff is well known as a caller for American Squares and Contra and English Ceilidh. He has been invited to call at many national dance festivals. A dancer himself, particularly performing in Appalachian dancing, stands him in good stead when calling as his sympathy with those on the floor means that he is helpful to beginners as well as extending the expert dancers.

## Dances – Saturday

### Cambridge University Ceilidh Band

Display ceilidh J1 14:00-17:00

*Sign up for display slots!*

A thriving non-audition society of energetic musicians brought together by our inexhaustible enthusiasm for folk music. While the society's origins are in folk tunes from the British Isles, our interests have expanded and we now perform a wider variety of folk music.



*with caller and MC Muffyn*

He has been calling for a few years now with the Cambridge University Ceilidh Band, and only had a brief time not calling when he upgraded to a smart phone which he didn't know how to use. He is combining this with the tough job of being an item of furniture in the IVFDF committee (chair, to be precise)

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### Will Pound Ceilidh Band

Ceilidh J1 19:00-22:15

Will Pound is one of the world's top harmonica players and has taken the instrument to new places and new music with a style that is completely his own.



Will plays both diatonic and chromatic harmonicas and creates sounds not usually heard on this little instrument in styles varying from bluegrass, folk, jazz and Arabic to blues, rock, pop and funk.

*with caller* **Lisa Heywood**

A dynamic folk dance caller based in Bristol, and in circles outside of IVDF she still qualifies for the adjective "young". She learned to call in the wild dancehalls of the Sheffield University Ceilidhsoc, and likes to mix things up on the dance-floor.

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## **Sons Libres Bal J3 21:00-23:30**

*French dancing to a scratch band in J3 20:00-21:00*

**'Taxis' wearing sashes will help people new to Balfolk**

A neotrad Franco-Senegalese duo, formed in 2005 by Adama Diop, percussionist and singer, and Anne Guinot, chromatic accordionist. It was their wish to share their origins and their love for music and dance which pushed them to create a repertoire of music for dance.



## **Bacon Avenue**

**Contra Hills Road recital room 19:00-22:30**

Dance music that is crispy, salty, and satisfying. This fiddle, mandolin and guitar combo has scoured the Irish and New England traditions, and raided several others, for great contra dance tunes.



Collectively, they've brought their musicianship and wit to dances across and even beyond the USA. Edward, Glen, and Bethany have many favourite things, but Bacon is pretty high on the list.

*with caller* **Rachel Shapiro Wallace**

Rachel has been calling for the past 7 years all over the United States, touring throughout New England, the West Coast, and the Midwest. Rachel was a featured caller at the first Catapult dance weekend. She has called at Swing into Summer at Pinewoods, Youth Dance Weekend, Michigan Fall Dance Heritage Weekend, and the Terpsichore family week. Having just moved to Edinburgh, Rachel has already been booked at the Paris Contra Dance and IVDFD 2017.

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## **Màrtainn Skene Highland Dance Band**

### **Scottish Country Dance Hills Road Hall 19:00-22:30**

A young band of the old Gàidhealtachd parts of Scotland, and they bring with them the driving sound of West Highland dance music, inspired by the ancient Gaelic songs and powerful pipe and fiddle music of those parts. Based in



Glasgow since 2010 but currently in demand for cèilidh and RSCDS events throughout Scotland, the north of England and Europe, they are equally at home on both the stages of a Hebridean village hall and dance festivals in the South.

*with caller* **Jacob Steel**

Jacob got addicted to folk dance twelve years ago, and has been calling English, Scottish and American dances for ten.

***The Scottish dance programme is on page 4***

## **apolkalypse**

**EDM ceilidh J1 22:30-00:00**

The newest electronic dance music ceilidh experience. Featuring synthetic slip jigs, party anthem polkas and ambient waltzes, apolkalypse brings you a night of club sound ceilidh.



*with caller* **Paul Martin**

Guitars, Mandolin and caller. When not found on stage at a ceilidh Paul will usually be found dancing away.

## **Dances – Sunday**

### **Scratch band led by Stephanie Martin**

**Survivors' ceilidh J1 & J3 14:00-17:00**

Come join us to celebrate the end of the another IVFDF with this year's merry scratch band (of which you can be part of) led by the lovely Stephanie. There'll be variety of more or less well known dance tunes mixed with a few obscure ones and she'll be holding two rehearsals in the morning workshop slots - see workshops pages.

If you fancy calling please sign up on the sheet available.

See the festival out with an amazing final afternoon of dancing using up all your remaining energy.

*with MC* **Sally Vernon and anyone who wants to call a dance**

## Workshops - Saturday

Time	Venue	Title	Leader	Description
09:00-10:15	J1	Border Morris	Boggarts Breakfast	Boggarts Breakfast have a reputation for writing creative, intricate and entirely non-traditional morris stick dances. Come and learn a dance from our repertoire. Previous morris or ceilidh experience is recommended; sticks are provided!
	J3	Kentucky Running Set	Hugh Stewart	A dance form Cecil Sharp collected a hundred years ago in Kentucky. Otherwise known as Southern Squares it doesn't involve running (unless the band plays extremely fast) but it can be continuous. Basically a visiting couple square dance; the figures are fluid and vary from village to village; hence it's impossible to "do it wrong" – you are just doing the IVFDF version.
	Recital room	Beginners Contra	Bob Morgan	Bob will take you from the absolute basics to give you a toolbox of moves and concepts so that you can join in with any contra dance. This workshop will be called mostly gender-free with some reference to gender terms for context.
	Link	Fancy footwork for the terrified	Elizabeth Lawson	Stepping for complete beginners - a workshop to give you a kit of flexible moves for those occasions when stepping is required in social dancing. Variations on setting, back step, forward step, ranting and how to put these together to look more River Dance and less dance disaster.

## Workshops - Saturday

	Atrium	Occitan	Xavier Oliver	Learn dances from Occitania, the historical area covering the south of France, the Italian Alps and the north of Catalonia! You will encounter exciting stompings while learning the rigodon, develop your elegant bouncing abilities with the rondeau, tend to your less dignified bouncing skills with the curenta and face some cute little dances in a friendly, fun atmosphere.
	B015	Gender-free calling	John Brown and Joe Macmahon	For the last year Sheffield ceilidhsoc has been running all its ceilidhs with non-gendered calling. We will provide an overview of that experience, how well that has worked, what we have done to overcome issues that change has thrown up, how we've adapted the terms we use, and the language.
	B014	Playing by ear	Edward Wallace and Glen Loper	Bacon Avenue's Edward & Glen share some of their favorite tips and tricks for learning tunes by ear, including how to pick up tunes at sessions or jams. This live-action workshop will include the actual teaching of two tunes suitable for contra dance.
	B013	First Aid for Folk Dance	Mary Fortune	Informal first aid training, with an emphasis on conditions relevant to folk dancers. I'm happy to cover topics of interest to the audience.
	J1	Display practice	Your society!	If your society would like to display at the display ceilidh then sign up at the festival reception.
<b>10:30-11:45</b>	J3	Collegiate Shag	Danielle Ainsworth	Taster session into the 1930s partnered swing dance of Collegiate Shag. Will teach basic step (separated leads and follows), then a few simple moves (partnered, rotating around the class): No partner or experience necessary.

## Workshops - Saturday

Time	Venue	Title	Leader	Description
10:30-11:45 cont.	Recital room	Beginners Scottish	Tom Ibbotson	Scottish country dancing dates from the 18th century; now enjoyed globally by many. It shares many characteristics with country dancing across Europe, but with its own unique twist. This workshop will cover the basics ready for the evening dance.
	Link	Connection in Partner Dances	Andrew Walbran and Lindsey Kennedy	This workshop will explore a series of exercises to help you be aware of your own body, connect with the music and a partner, and lead and follow a variety of movement. We will apply that to some of the partnered dances common in balfolk. Principles relevant to any partnered dance.
	Atrium	Beginners Calling	Andrew Swaine, Daisy Black	A practical introduction. How to break down and teach dances, putting together a programme and working with a band. Great if you want to try calling at the survivors ceilidh! (Sign-up sheet!)
	B015	Playing French tunes for balfolk dancing	Clare Rose and friends	Some of the tunes written for French balfolk dancing are very catchy - and at only 16 bars long easy to pick up - not surprising that they are popular in sessions in the UK. But not always played here in a way that works for French dancing. We will take you through some tunes which you may know - and introduce some new ones.
	B014	Melodeon playing for dance	Owen Woods	Owen Woods of the Jazz Ceilidh Project invites melodeon players of all levels to come and talk, play and learn about using the melodeon as a dance instrument.

## Workshops – Saturday

B013	Pop-up workshop	You!	What's missing from our workshop programme? We're offering you a small space to do whatever amazing, wacky, wonderful or just generally cool thing you think IVDF-goers will like. Sign up at reception.
12:00-13:15	J1 Display practice	Your society!	If your society would like to display at the display ceilidh then sign up at the festival reception.
J3	American Squares	Collin Hume	Collin Hume calls (and writes) Playford-style and American-style dances, and has appeared at many festivals around the world. If you came to his American Squares workshop at Coventry last year you won't want to miss this one.
Recital room	Beginners Bal	Jean-Christophe Denis	This workshop will cover everything you need to make the evening Bal with the amazing Sons Libres a particularly memorable event (in a good way!). The basics of the dances (bourrées, mazurkas, etc.) and some improvisation ideas and generic bal folk good behaviour tips. Total beginner to intermediate bal folk dancers welcome. Real French accent provided.
Link	Latvian	Daina Auzins	Social dances from all over Latvia. The moves are relatively simple, so suitable for beginners, but also for advanced dancers who would like to learn something new. This workshop will also include steps used in Latvian dancing.
Atrium	Contra Dance Calling	Rachel Wallace	For beginner and intermediate callers - discussion and practice of calling contra dances. We'll have live music, and bring your dancing friends to help us out!

## Workshops - Saturday

Time	Venue	Title	Leader	Description
12:00-13:15 cont.	B015	Singing for French dancing	Clare Rose and friends	Many French songs have a dance rhythm, and many dance tunes have words ranging from a simple refrain to a lengthy narrative. In some regions sung dances, or bal à la voix, are a popular form of music. This workshop will teach some French songs written as dance tunes, at the speed and in the rhythm needed for dancing. Some knowledge of French helpful (translations given), words and dots provided.
	B014	Music Theory	Lucy Oswald	Ever wanted to find out more about music theory? Here is a fun crash course with audience participation in how to learn music theory, and why you should (and shouldn't) care about it!!!
	B013	Popup workshop	You!	What's missing from our workshop programme? We're offering you a small space to do whatever amazing, wacky, wonderful or just generally cool thing you think IVDF-goers will like. Sign up at reception.
17:15-18:30	J3	Rapper	Warwick Rapper	Learn to weave steel with Warwick Rapper! An energetic sword dance with bendy double-handled swords. This workshop will cover the basics of rapper stepping and teach figures to suit beginners to improvers. Hard soled shoes are a plus!
	Link	Dance Angels	Jen Morgan	Experienced dancers! Do you want to support beginner dancers and help them enjoy the dance? We will look at how we create a welcoming environment for new dancers, what helps beginners and what doesn't.

## Workshops - Saturday

Atrium	Scottish step	Kate Gentles	Solo dancing from 19th century Scotland, taught by travelling dance teachers (the dancies) – almost lost and then rediscovered in the 1950s. Now includes both old and modern dances, most for solo dancers, although some for two, three or four. Looks deceptively gentle, but requires precision and control!
B015	Gary Roodman Dances	Burt Hunter	Gary Roodman is a statistician who lives in New England and composes English-style country dances. Unlike most dance composers, he chooses a tune first and then writes a dance to fit. An eclectic mix of folk, classical, jazz and other genres. Probably not for the absolute beginner but no-one will be turned away.
B014	Playing for Playford	Andrew Swaine	Andrew has been playing for dancing for longer than he might admit. Come and have fun with some tunes from Playford (or thereabouts).
B013	Popup workshop	You!	What's missing from our workshop programme? We're offering you a small space to do whatever amazing, wacky, wonderful or just generally cool thing you think IVDF-goers will like. Sign up at reception.

## Workshops - Sunday

Time	Venue	Title	Leader	Description
Sunday 09:00- 10:15	J1	Dances with a Difference	Richard Mason	Early Sunday morning at IVDF? Must be Dances with a Difference! More dances from the slightly warped mind of Richard Mason. These are ceilidh dances with a twist.
	J3	Cotswold Morris	Stephanie Martin and Granta Blue	The unusual dances that they regularly perform. The dances have been adapted for a varying number of dancers from the standard six-man set to the unusual three-man and five-man variations of the same traditional dances.
	Recital room	Emergency Blues Dance Kit	Rachel Muir	So you've found yourself at a blues social dance and you have no idea what's going on. Help! This class will give you the tools to be dancing all night long. An American folk dance with African roots, focussing on connection to music and partner, improvisation and general badassery!
	Link	Highland	Lindsey Ibbotson	Traditional solo dancing for men from the Highlands of Scotland, now danced by men and women. Conjures up images of battles, Highland games and sword dancing – swords not guaranteed. If you like learning different steps with a lot of hopping around, this is for you.
	Atrium	Teaching Folk Dance	Kerry Fletcher, EFDSS	For those budding folk dance teachers who wish to expand their knowledge and skills in teaching in a variety of settings. A taster of the English Folk Dance and Song Society (EFDSS) new one-day course: working with a range of people; the basics of inclusive and safe dance practice; the partnership between folk

## Workshops - Sunday

B015	Klezmer	Adina Wineman	An eclectic folk genre, with influences from Eastern Europe and the Middle East. With its imitation of the human voice, it pushes instrumental limits and crosses over with contemporary music techniques. We will listen to some klezmer, and learn several tunes. Bring your instruments!
B014	Rhythm Fiddle	Muffyn Mifsud	Bored of playing the tune? Finding tunes to difficult to play? Want a new challenge with your violin? We will focus on rhythms, not notes. Not much ability at the violin is required. For all levels of violinists, and other tune instruments.
B013	Storytelling	Sue Martin	The art of storytelling. A chance to try some storytelling yourself as well as some storytelling exercises. We'll also look at story songs and putting new twists on traditional folk stories. If you just want to sit and listen without joining in that's fine as well.
10:30-11:45	J1 Pat Shaw Dances	Rhodri Davies	2017 is the centenary of Pat Shaw ( <a href="http://www.patshaw.info">www.patshaw.info</a> ). Pat Shaw was a folk polymath, the author of such famous dances as Levi Jackson Rag and Waterfall Watzl and associated tunes. We'll try out a number of dances in different styles. Get your head tied in knots and celebrate the life of this remarkable man.
J3	Molly	Gog Magog Molly	Traditional dances of the Cambridgeshire fens as well as a range of other inspirations including Harry Potter, a one-way system, a doctoral thesis and local punting hazards, all with our own geometric precision and high-energy step-hop. No experience necessary but do wear supportive shoes.

## Workshops - Sunday

Time	Venue	Title	Leader	Description
10:30-11:45 cont.	Junction upstairs bar	Scratch Band	Stephanie Martin	Play an instrument? Then the IVDFD 2017 Scratch Band needs you! Come to one or both of the rehearsals to get to know some of the tune sets we'll be playing for the survivors ceilidh in the afternoon. This session will be aimed at those who haven't had much, if any, experience playing for ceilidhs. Any ability welcome to both sessions. Ability to read sheet is preferable but not required. Printed music will be provided.
	Recital room	Tudor Dance	Capriol Society	Dance, as known to those great dancers, Henry and Elizabeth, when we were called the Dancing English, with our great source, Arbeau's Orchesography. For folk dancers, we'll move lightly through the stately Measure, and concentrate on the sociable Almains and Branles, building up to the energetic Coranto and Galliard.
	Link	Irish Step	Sacha Jackman & Sinéad Boulwood	Come and learn some Irish step to show off in the pub! We'll teach a heavy shoe treble reel step- think Riverdance. All welcome. Wearing hard soled shoes will help you make some noise, but trainers are great for practicing too.
	Atrium	Complex Scottish	Kirsten Ferguson-Jones	Some competency assumed, no technique teaching, minimal walking, probable chaos. Kirsten has a certificate that says she can teach properly, and a long line of witnesses that say she can teach improperly.

## Workshops - Sunday

B015	Composing dances	Colin Hume	Colin has written dances in many different styles. He explains how he composes dances, talk about Style, Format and Music, analyses what makes a good (or a bad) dance, and get a bit mathematical about the progression. Then you have the chance to get together and write a dance, which we try out.
B014	Laughter Yoga	Zoe Harris	A smile connects us with others from far away, a laugh releases endorphins and counteracts stress hormones. It helps you feel more confident, oxygenating the blood, exercising the cardiac, facial and abdominal muscles...much like dancing!
B013	Shape Note Singing	Richard Montgomery	American folk tradition of unaccompanied hymn singing in robust four-part harmony from song books like The Sacred Harp. Songs have been featured in the film Cold Mountain and been sung by groups like The Waterasons, The Young Tradition and Lady Maisey. No previous experience or ability to read music required, just an enthusiasm to give it a go.
J1 12:00-13:15	Dances for the Brave	Jacob Steel	Doctor Steel is a differently-sane choreographer with a PhD in chaos. Come along and try out some intricate, challenging but rewarding dances in a variety of traditions from his lair beneath a dormant volcano.
J3	North West Morris	Phil Davies	An energetic and precise style of morris dancing from the mill towns of Cheshire and Lancashire. We will learn the basic steps then learn a traditional NW dance. All welcome. Please wear comfortable shoes you can dance in.

## Workshops - Sunday

Time	Venue	Title	Leader	Description
12:00-13:15 cont.	Junction upstairs bar	Scratch Band	Stephanie Martin	Play an instrument? Then the IVDF 2017 Scratch Band needs you! Come to one or both of the rehearsals to get to know some of the tunes we'll be playing for the survivors ceilidh in the afternoon. In this session we'll play through more of the tunes! Any ability welcome to both sessions. Ability to read sheet is preferable but not required. Printed music will be provided.
	Link	Ceroc	Rachel Shaw-Edwards	Modern jive is an easy to learn partner dance. Can be danced to almost anything in 4/4 with a bpm between 100 and 150, most of the time to pop and related genres :) Lots of fun.
	Atrium	Fandango	Arthur Capelier-Mourguy	If you like fancy aerial footsteps and cheerful dances, this workshop is for you! We will learn how to dance (one version of) the Basque "fandango" and "arin-arin" dances, as well as other "bouncy", "hands up" dances. I would advise lighter shoes!
	B015	Reps meeting		The festival is owned and organised by student societies. Come and have your say! Each society should send two reps.
	B013	Shape Note Singing	Richard Montgomery	An optional continuation of the previous workshop.

# Code of Conduct

IVFDF 2017 is committed to providing a safe and enjoyable festival experience for everyone. We do not tolerate harassment in any form. We expect all IVFDF-goers to dance respectfully with one another and to stop any behaviour on their part that makes another dancer uncomfortable. Anyone violating these rules may be asked to leave the event, or the whole festival. Our full code of conduct can be found on the website.

## Thanks

### **The committee:**

Miffy, Paul, Peter, Sally, Annette, Colm, Mary, Brian, Hugh, Edmund

### **We couldn't have done it without:**

All the stewards, Ross, Nikki, Stephanie, Ruth, Hannah, Luisa, Kai, Robin, Eoghan, CUCB, CUSRC, The Round, everyone who helped with sound, our external advisors, and all the people we can't remember.

And all the bands, callers, musicians, workshop leaders, everyone at Hills Road Sixth Form College and Cambridge Junction.

You're all amazing!

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Hope to see you there!

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