

Edinburgh 28 Feb - 2 Mar

Inter Varsity Folk Dance Festival



Hello and welcome to Edinburgh!

Thanks for joining us – we know that some of you have travelled far to be here!

Over the last two years we have been busy making IVFDF 2014 special. Of course we were eager to include all those great workshops and dances we all have been enjoying over the last couple of years. But we were also looking forward to giving IVFDF 2014 our own little twist and introduce some new events. Our staple up here is Scottish dancing, so make sure you check out the Scottish ceilidhs and dance (beginners friendly – guaranteed!). We will also be having our own *bal folk* with Parasol, our French guests.

With more than 50 workshops there should be something for every taste! Have you ever wondered what it's like to dance in a wheelchair? What kind of music they play on the northern Scottish isles? How stories are told in the Orient? Well, have a browse through the programme and see what's on offer.

Enjoy the festival!

Jan Bettgenhäuser, IVFDF 2014 Chairman

And the Committee: Anne Schmidt, Roanna Mackay, Abdelhamid Alhassi, Xavier Oliver, Jean-Christophe Denis, Daniel Franzen

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THANK YOU TO OUR SPONSORS



Reception

The reception will be located in the Munro room at the Pleasance. To get there go in the main entrance and up the stairs. The reception will be open from 6-11pm Friday, 9am-10pm on Saturday, and 9am-1pm on Sunday. Please collect all weekend passes and merchandise from the reception on arrival. If you are a steward you should also make sure that you report to the reception when you arrive.

Reception Number: 07449515730

Stewards

All Stewards who are on shift will be extremely happy to help with any questions throughout the day and will be recognisable by their LIME GREEN T-shirts.

All you stewards are amazing, we are sure that, being the wonderful people that you are, you will make sure that you are aware of when and where your shifts are by coming to the reception at the Munro room, Pleasance when you arrive. You will then be informed of what to do and be provided with your Steward shirt. Stewards who are fantastic enough to be eligible for refunds will be able to collect these on Sunday from 10am-1pm at the Reception.

Reps Meeting

The representatives' meeting will be happening on Sunday at 10.30 in the New Amphion, Teviot. Come represent your society and shape the future of IVFDF!

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Wheelchair Access

Most of the venues are wheelchair accessible. Unfortunately, some of the workshops will not be as they are taking place in an old building. The rooms that are <u>not</u> accessible are 48A Upper, 48A Lower and the Highland room. All of these rooms are at the Pleasance. If you are having trouble accessing any other room please speak to one of our superb stewards in a lime green shirt.

Alcohol

There are various bars in Teviot and a bar in Pleasance. The Loft bar in Teviot is open only for IVFDF attendees, all other EUSA bars will still be open as normal. Hobgoblin Stage is a BYOB venue but due to licencing laws alcohol is <u>not</u> allowed in any other venue. If you want to buy alcohol Scottish licensing laws only allow shops to sell alcohol between 10am and 10pm. Alcohol is also not allowed to be consumed in public places without a licence, ie. outside.

Showers

Showers will be available at Crags Community Sports Centre from 10pm-9am both nights. The spaces are limited so please be prepared to queue and shower fast! There are also showers available at the CSE (next to the Pleasance) during the day, however these showers will cost £3 unless you are a CSE member.

Storage

Storage will be available on Friday night in the South Side Community Centre venue until midnight. On Saturday there will be storage available at your sleeping venue. On Sunday 48A Lower will be available for storage until 2pm at which point please take your bags to the Survivors' Ceilidh where there will be space to store them.

Morris Tour

The Morris Tour is scheduled to start at midday sharp on the Saturday. Gather beforehand in Bristo Square, by Teviot. The plan for the day is then:

12:10-12:55: dance at Grassmarket 13:10-14:00: Lunch at Milnes of Rose Street 14:15:-15:00, dance at The Mound, in front of the Scottish National Gallery 15:15-16:00, dance at Hunters Square Around 16:30, join the Display Ceilidh

Sides confirmed as taking part include (among others):

- Rag Morris, a colourful mixed Cotswold side from Bristol.
- Handsworth Sword Dancers, a 100+ year old traditional Long Sword side from Yorkshire.
- Highland Morris, a newly formed Edinburgh Border side, with a Scottish twist!
- Miscendi Morris, a student Cotswold side from Leeds

If your side wishes to take part, please phone Dónal Emerson on 07 806 789 158.

Scratch Band

The Scratch Band plays for the survivors' ceilidh. Everybody welcome! Practice on Sun 10.30.

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Sleeping

The main sleeping venue is Crags Community Sports Centre. This venue will be open from 10pm –9am on both nights. There are showers available at this venue. The extra sleeping venue is Lutton Place, which is much smaller and is mainly for our marvellous stewards. This venue will be open from 10pm-8:30am on Friday night and 10pm-8am on Saturday night. When you arrive at your sleeping venue please ensure that you are not blocking a fire exit or blocking anyone else from getting to the fire exit. No one should have to climb over anyone. Also, please be quiet as it is a residential area!

Thank You, Friends!

We here at IVFDF 2014 would like to thank the wonderful people who have helped us make this festival happen: advisors Richard Mason and Stephen Brockbank; coordinators Johann Bryant, Uli Werner, Melanie Quintero, Bretchen Hoskins, James Flack, Kieran Porter, Myrto Giannari and Dónal Emerson; artists Sanne Öhrström, Elysse Meredith, and Alastair Mackie; and EUN-SCDS, FolkSoc, Quentin Fletcher, Jen Wood, John Brown, David Roy, Davide Panzeri, bands, callers, workshop leaders, technical staff and everybody who contributed to the success of the festival. And last but not least our awesome donors: Dave Love, Frank Bettgenhäuser, Ian Fegen, Graeme Walker, Jana Nöske-Beyling and Anteaques



Friday Night Ceilidhs

Norman Mackay's Ceilidh Experience—Scottish Ceilidh

South Hall, 8-11:30 pm

Norman Mackay's Ceilidh Experience was originally formed in Edinburgh in 2002. Now the Ceilidh band of choice for Rock stars, soap stars and famous politicians, they have gone on to perform at ceilidhs all over Scotland as well as making regular trips to England, Ireland and Europe. The Ceilidh Experience are renowned for their rock style & high energy performances. They can be found performing anywhere

from Scotland's most desirable castles, stately homes and hotels, to local village halls and barn dances. In June 2005 they broke the world record for the biggest ever Eightsome Reel when they played for 5000 dancers on Edinburgh's meadows!



Climax Ceilidh Band—English Ceilidh

Hobgoblin Stage, 8:30 pm-12 am

The Climax Ceilidh Band started when two trios, Meridian and Pesky, decided to play together in one big, exciting band. With a little help from the Folk Camp Society, the Stag's Tuesday session in Hastings and some agency gigs, Climax was born. The band prides itself on its fine mixture of selfpenned tunes with traditional material and playing 'live' is as exciting for them as for the dancers.



Open Stage Concert

A concert celebrating young local talent with four acts for you to enjoy as you relax before the evening dances.

Lounge Bar, Teviot: 5-7pm Saturday

The Muldrew

The Muldrew is the solo project of Alastair Mackie, a multinational singer/ songwriter currently based in Edinburgh. He will perform songs from his upcoming debut EP, which are a mix of baroque pop, post-rock and melodic folk. Inspired by the landscape around him, he will take you on a musical journey across lochs and over mountains, but always ending in the warmth of a home.





The Eilidhs

Eilidh Munro and Eilidh Steel originally met through Fèis Dhùn Eideann (Edinburgh Feis) when they were asked to perform in some local schools to promote the upcoming week long Feis which they were both teaching at. In doing so they realised how much they enjoyed working together and decided to form a duo. Since then they have continued to work with schools and have performed many concerts, including playing for the BBC at the Edinburgh Festival Fringe.

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Charlotte Repton

Charlotte is a singer-songwriter from South England, now living in Edinburgh. With influences including They Might Be Giants, Hank Green, Molly Lewis and Edinburgh Uni Folk Society, she likes to write irreverent songs about science, history, and very occasionally love. She also enjoys covering songs in wildly inappropriate genres and settings on her baritone ukulele.





Skotebi

Skotebi are a group of 9 Edinburgh men who sing traditional folk songs from the Republic of Georgia in the Caucasus. The songs are worldrenowned for their spine-chilling 3-part harmonies and the music is arguably the most complex, varied and ancient folk polyphony that has survived to the present day. Although none of the members are Georgian, the group has travelled to Georgia to learn from old songmasters and regularly invite Georgian teachers to Edinburgh to hold song workshops.

Skotebi's leader David Tugwell also runs an open mixed Georgian singing group, meeting in Edinburgh every otherSaturday afternoon.

Saturday Dances

The Night Before—Display Ceilidh

Hobgoblin Stage, 2-5 pm

The Night Before (Nicky Wood – fiddle, Alan Brunier – accordion, Adam Griffin – guitar)

are a Coventry-based folk dance band who play an exciting range of energetic and fun tunes for ceilidhs, contra and Playford dances. Inspired by an eclectic range of folk music from North America and Europe, their energetic and vibrant sound combines the lyrical tune, delicious harmonies and driving rhythm of fiddle, accordion and guitar. Their love of folk dancing brings out the best in the tunes they love to play.



Vertical Expression—Contra

South Hall, 7:30-11:30 pm

Probably the UK's most high-energy contra dance band, Vertical Expression is what happens when you take two English ceilidh musicians on fiddle and melodeon and put

them with a guitar and double bass rhythm section with a love of bluegrass and gypsy jazz, all of whom have backgrounds in playing for various kinds of dancing, throw in some old time music and foot percussion, a bit of French-Canadian one-row box, a few Irish fiddle tunes, some Django Reinhardt-style guitar, a bit of creativity and a lot of energy and fun...



Ceilidh me Softly—Scottish Ceilidh

Hobgoblin Stage, 7:30–9:30 pm

Guitar and fiddles trio Alastair Mackie, Lewis Hou and Lewis Williamson may be softly playful, but they don't play soft. Edinburgh-based, they have played around Scotland and Europe, gleefully incorporating elements from balfolk, quebecois and nordic traditions into their playing. Seriously rhythmic, eclectic and ever-soslightly ridiculous, this is Scottish tunage to ceilidh hard to.



Ian MacPhail Band—Scottish Country Dance

McEwan Hall, 8-11:30 pm

Scottish Country Dance is amazing and something that everyone should try. Come along to our workshops earlier in the day to try the footwork and become experts in some of this evenings dances!

Programme:

The Highland Rambler	Reel 8x40	Leeds SJ
Kendall's Hornpipe	Jig 8x32	RSCDS Graded
MacDonald of the Isles	Strathspey 3x32	Haynes
Catch the Wind	Hornpipe 8x32	Island Bay NZ
Postie's Jig	Jig 4x32	Ormskirk V
The Silver Tassie	Strathspey 8x32	RSCDS Leaflet
Glenburnie Rant	Reel 4x32	Bowie Dickson
The Happy Meeting	Jig 8x32	RSCDS XXIX
The Summer Assembly	Reel 88	RSCDS XXXV
	INTERVAL	
Back to the Fireside	Reel 8x32	RSCDS XXXVIII
The Brisk Young Lad	Jig 5x48	Drewry
The Culduthel Rant	Strathspey 8x32	Dunedin VI
Scott Meikle	Reel 4x32	RSCDS XXXXVI
Major Ian Stewart	Jig 8x32	RSCDS XXXV
The Falls of Rogie	Reel 8x32	Alexander I
Staffin Harvest	Strathspey 4x32	RSCDS 1978
The Snake Pass	Jig 8x32	Newcastle 40th
The Reel of the Royal Scots	Reel 8x32	RSCDS Leaflet

Please note the programme is for the information of those who will find it helpful. You do <u>not</u> need to know these dances or even understand what the programme is talking about. All dances will be called and walked.

10

Climax Ceilidh Band—English Ceilidh

Hobgoblin Stage, 10:15 pm- 12:15 am

When together this band sounds like no other. It might seem easy when they play, but look behind the scenes and you will see that the Climax Ceilidh Band is a group of highly skilled musicians who are musically responsive to each other and are able to trust the

spontaneity within each of them to take ceilidh music into new dimensions. The driving rhythm of the accordion and guitar, the sweet sound of the dancing fiddles, the swift trill of the flute and the power of the pipes makes the Climax Ceilidh Band Experience truly orgasmic!



Angles—Bal Folk

Debating Hall, 7-9 pm

With striking melodies and powerful riffs Angles mix haunting pipes, earthy gurdy rhythms and driving accordion bass lines to create their distinctive folk-trance groove tinged with blues and jazz. A new slant on ancient rhythms. Original and quirky music for concerts and dancing drawing on the diverse influences of three pedigree players: Steve Tyler on the

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hurdy gurdy, Chris Walshaw on pipes / whistles and Richard Jones on the accordion. Since forming in late 2009, Angles have built a fine reputation, playing at top UK festivals such as Sidmouth Folk Week, Towersey Village Festival and Bromyard Folk Festival, as well as in Belgium (Gooikoorts) and Holland (Festival Bourdon).



Parasol—Bal Folk

Debating Hall, 9:30-11:30 pm

Our guest Bal Folk band, all the way from France! Parasol is Gérard Godon, a dancer and self-taught accordionist, and Catherine Grimault, a classical violinist who one day discovered the folkie in her. A highly regarded and influential Bal Folk band, known by their smooth and delicate melodies and performance intensity make their first appearance in Scotland to spread the love.





Teviot Pleasance

Bars and Restaurants with cheap food and drinks

Pleasance Bar:

Thirsty/Hungry after your workshop? Get some drinks here! **Teviot:**

New Amphion— Great place to eat lunch on Saturday Library Bar—Food and drinks throughout the weekend

Opening Times:

Pleasance Bar: 11am-17pmLounge Bar: 6pm-lateLibrary Bar:11am-lateNew Amphion: Sat 10am-8pmLoft Bar open for IVFDF Fri 11pm-3am, Sat 7m-3am





Food around the Festival

EUSA Venues: Pleasance and Teviot

Buy some nice food at the student union buildings, which serve burgers, pizza , tea, alcohol and much more for affordable prices. Enjoy the atmosphere in the Library Bar next to old book shelves, and the comfy couches of the New Amphion!

Get SocCards stamped (available at reception) at the EUSA venues to help our society .

Discounts with your wristbands available at the following places:

Ciao Roma, 64 South Bridge – 20% Discount

Family run Italian restaurant, with great dishes and fresh made ice-cream.

Black Medicine, 2 Nicolson Street - 10% Discount

For some easy coffee/tea and cakes at any time of the day.

BaGet Stuffed, 59 Nicolson Street – 10% Discount

Easy food in a friendly atmosphere.

Green Mantle, 44 West Crosscauseway –50% off Food, 30% off Spirits

Comfortable and great pub food, happy for music to be played when not busy.

Cafe Turquaz, 119 Nicolson Street – 10% Discount

For something different, try this cafe with Turkish delight and coffee.

Le Cafe Gourmand, 126 Nicolson Street – 10% Discount

Amazing French crêpes and galettes, and other things. Definitely recommended!

Munchiez, 7 St Patrick Street – 10% Discount

Pizza, Burgers, Kebabs - you will find nearly everything here!

Bindu Restaurant, St Patrick Square – 10% Discount

Family run Indian vegetarian restaurant, for some delicious curries.

Flip! 54 Clerk Street – 20% discount

Healthy Fast Food and homey atmosphere, sandwiches, coffee. Relaxation free.

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The Millars Sandwich Bar, 18 Hope Park Terrace 10% Discount

Oldest Sandwich Shop in this part of town, and there is a reason why!

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SATURDAY

	LATE	DANCING	
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SUNDAY

Hobgobli Stage SSCC	e ul	Hobgoblin Debating Stage Hall SSCC Teviot	Study Teviot	Dining Room Teviot	Highland Room Pleasance	Ochil Room Pleasance	Highland Ochil Pentland 48A FolkSoc Room Room Room Upper Room Pleasance Pleasance Pleasance	48A Upper Pleasance	FolkSoc Room Pleasance
		DANCES W/ DIFF	BALTIC	HOME INDIAN H RECORDING MASSAGE	INDIAN H MASSAGE	STEP	CATALAN 4 CHILDREN	SMNG	ORKNEY TUNES
		DANSE UBRE	SWORD DANCING	ORIGAMI	SCRATCH PRACTICE	APPALA CHIAN	CEILIDH KIDS	BLUES	SONGS SCOTLAND
		IRISH	CALUNG CEILIDHS	ORIENTAL S'TELLING	HIGHLAND	NW MORRIS	BALLOON	CHINESE	GAELIC SINGING
SURVIVORS' CEILIDH	H BRS'								





1 Pleasance

Munro room (Reception)

Highland, Ochil, Pentland rooms

FolkSoc Room, 48A Upper, 48A Lower

2 Teviot Row House

Debating Hall

Dining Room

Study

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st Leonard's St.

Lutton Place

preston St

Loft, Lounge Bars

3 South Side Community Centre

Hobgoblin Stage

4 Pollock Halls (Holland House)

South Hall

5 St Peter's Church Hall, Lutton Place

Secondary sleeping venue

6 McEwan Hall

Datkerthind

7 Crags Community Sports Centre

Main sleeping venue

Pollock Halls

Dancing

Appalachian clogging – Kick the Cat Cloggers

Sunday, 10.30-11.30, Pleasance, Ochil Room

Come along for an introduction to Appalachian clogging, a fast and fun style of dancing with influences from Scottish and Irish step dancing, and Native American and African-American traditions. Please wear hard-soled or tap shoes. Trainers are not suitable.

American square dancing – Rhodri Davies

Saturday, 12-13.15, Teviot, Debating Hall

Square dancing developed in America – a dance form that could take place in small communities with a musician and caller prompting the moves. There are many regional variations and also a formalised version with hundreds of different moves. Come along and learn a few (variations and moves). "Wait for the music, listen to the call"

Baltic dances – Leva Malinauskaite

Sunday, 9.15-10.15, Teviot, Study Room

An introduction to Lithuanian and Latvian folk dances. The dances are fun, energetic and easy to learn so are ideal for all levels of experience. Despite the distance between the countries, there are intriguing similarities with Scottish and British folk dances. The workshop will introduce three different variations of the polka which feature heavily in the dances.

Bal Folk for beginners – Edinbal & Parasol

Saturday, 9-10.15 & 10.30-11.45, Pleasance, Highland Room

Organised by Edinburgh's new European folk society, Edinbal, and with live music from Parasol, this workshop will cover everything you need to know to have even more fun at the evening bal folk – it's like a ceilidh, but French-style! This workshop is aimed at absolute beginners and beginners in bal folk.

Blues dancing – Craig Thomson & Leigh Anderson

Sunday, 10.15-11.15, Pleasance, 48A Upper

Blues Dancing is an American Folk Dance still evolving today. It's a partner dance rooted in African Solo Movement and combined with the notion of European Partner Dancing. It is characterised by a strong interpretive and improvisational spirit, and an emphasis on connection between the dance partners and the music. In this all levels workshop we'll introduce the key concepts of musicality and connection and get you moving around the dance floor with some traditional moves. No need to bring a partner and no special shoes are required.

Bulgarian Folklore Dances – Nelly Valentinova

Saturday, 10.30-11.45, Pleasance, Ochil Room

Live the Rhythm! Bulgarian Folklore Dances express the diverse and rich Balkan emotions – feel it! The 'horó' dances vary in rhythm, corresponding to the cultural diversity of the seven regions of Bulgaria. The moves could be cheerful and vivid, but also deep and smooth, expressing the relevant mood. Danced by all people together, the 'horo' figures embody various shapes while boosting social communication and improving highly the body health. Level: beginners/intermediate. Preferable equipment: comfortable clothing, handkerchief, leather belt, great mood!

Catalan dancing around the square – Anna Vinyoles & Montse Soler

Saturday, 10.30-11.45, Teviot, Study Room

Come and learn some group and partnered dances that people do for fun in the streets and squares of cities and towns in Catalonia. Expect interesting figures, some hopping, healthy memory exercising and live music all the way from Barcelona!

Catalan dances for children – Anna Vinyoles & Montse Soler

Sunday, 9.15-10.15, Pleasance, Pentland Room

Whether you are biologiocally young or try to keep young at heart, join us for some Catalan dances for all ages in this family-friendly workshop. Playful group and couple dances for an hour of relaxed fun with live music.

CeilidhKids – Caroline Brockbank

Sunday, 10.30-11.30, Pleasance, Pentland Room

Family Scottish dancing for those who are too small or shy to let go of their Mum's or Dad's hand. Aimed at 3-5 year olds and their parents and carers but all (including teddy bears) are welcome. Skip, jump, clap and twirl to the music!

Chinese dance – Cecilia Yao

Sunday, 11.45-12.45, Pleasance, 48A Upper

Peacock dance is a popular dance at Chinese festivals. In China, peacocks are a symbol of good luck, beauty and happiness. Come along and enjoy one of the most elegant traditional Chinese dances!

Contra – Bob Morgan & The Night Before

Saturday, 10.30-11.45, Teviot, Debating Hall

Contra dancing is American, high energy and flowing. Bob will teach some important basics with some of his favourite dances, suitable for all levels but focussing at beginner level. Everything you need for the evening contra if you're nervous.

Couple dancing: improvisation and leading – Parasol

Saturday, 12-13.15, Pleasance, Highland Room

Aimed at people with experience in couple dancing, and ran by the great bal folk band from France, Parasol, this workshop will cover some unusual couple dances (such as asymmetric waltzes), variations on basic couple dances and tips to improve your following and leading skills.

Dances With a Difference – Richard Mason

Sunday, 9.15-10.15, Teviot, Debating Hall

It's back again... more ceilidh dances to tie you in knots from the slightly warped mind of Richard. A stalwart of IVFDF, this workshop will take you through ceilidh dances that you would never get to see at any normal ceilidh.

Dancing with wheelchairs -Joanna Birch

Saturday, 12–13.15, Pleasance, Ochil Room

In this workshop you'll have a chance to learn how to dance in a wheelchair, and how best to dance with a partner who's using one. No special kit or experience required, just come along and have fun! Wheelchairs will be provided.

Danse Libre. Dirty dancing through the centuries – Alena Shmakova

Sunday, 10.30-11.30, Teviot, Debating Hall

The workshop is the opportunity to travel through the time and discover the dances which were considered as riotous and indecent in the past. Prepare for surprises as the programme includes the favourite dance of Elizabeth the 1st, waltz and cancan.

Greek Dancing – Sofia Papadia

Saturday, 9-10.15, Pleasance, Ochil Room

Explore the Greek dancing tradition beyond Syrtaki and have fun without breaking any plates! The dances are social and suitable for all levels – no partner necessary. In this workshop we'll visit primarily the Southeast (Aegean islands-Asia Minor) but also enjoy some dances from mainland Greece. Wear trainers or similar supportive shoes and comfortable clothes.

Irish set dancing – David Ford

Sunday, 11.45-12.45, Teviot, Debating Hall

Riverdance this isn't! Irish set dancing is based on quadrilles, but transformed by the Irish into their own lively dance style. In the 1930s, unlicensed dances were denounced as "orgies of dissipation" and yet surprisingly fell out of favour. Hard-soled shoes preferable. Suitable for beginners but fun for all.

Kentucky Running Set – Burt Hunter

Saturday, 9-10.15, Teviot, Study

Running set is something of a cinderella relation in the family of folk dancing. It was 'discovered' by Cecil Sharp on a trip to the Appalachians and brought back to the British Isles, whence he believed it originated. It was one of the progenitors of American square dancing. My aim is to popularise it and inspire participants to go away enthused to the point of starting their own groups, as I did following years of attending workshops at Whitby. The workshop is suitable for anyone with a rudimentary grasp of the principle of dancing in sets with a partner.

Latin American dances – Bretchen Hoskins

Saturday, 10.30-11.45, Pleasance, Pentland Room

From the Altiplano to the Patagonia: a taste of Latin American dance Have you tried a Huayno? Have you heard that in Austral regions of Chile folklore is influenced by European dances, like waltz? We are going to travel through the Andes! We will learn the basics of some folklore dances of Peru, Bolivia and Chile.

Bring your scarf, handkerchief or hat, if you have one... Any shoes are suitable to have fun!

North West Clog – Rosie Crabb-Wyke

Saturday, 9-10.15, Pleasance, 48A Upper

North-West clog Morris is an energetic, precise and noisy style of dance from the mill towns of Lancashire and Yorkshire. Traditionally danced by men or women it was danced in processions and competitions. Rosie will be teaching Pipers Ash, as danced by Persephone Womens Morris of Bradford. All abilities welcome, trainers/ hard soled shoes preferred.

Northwest Morris – Phil Davies

Sunday, 11.45-12.45, Pleasance, Ochil Room

We will be looking at a traditional Northwest Morris dance, "Mrs Hepples" by Trevor Owen. This is a very energetic, smooth flowing dance but great fun! Some experience of Northwest would be good but not essential. Wear trainers (no clogs!) and bring short sticks if you have them – but there will be a supply for those who don't. Phil has been dancing Northwest Morris for 10 years; he is a member of "Customs and exiles" and ex-foreman of dance with "Basingclog Morris".

Playford – Andrew Swaine & The Night Before

Saturday, 9.15-10.15, Teviot, Debating Hall

The ceilidh dances of the age, these were English Country Dances published between 1651 and the mid to late 1700s. Recently a new generation of dancers and musicians has started to rediscover them, taking them back to their roots. Find out what the fuss is about.

Rapper Sword – Mons Meg Rapper, Kev Theaker

Saturday, 10.30-11.45, Pleasance, 48a Upper

Mons Meg, Edinburgh's only resident rapper side, will run a rapper workshop suitable for all levels; beginner to advanced. Rapper is a fast paced English traditional dance performed using short double handled flexible swords. Faster than morris, more complex than north west, and danced inside pubs. Give it a try.

Southern Italian Dances – Davide Panzeri

Saturday, 12-13.15, Teviot, Study

Experienced workshop leader Davide Panzeri will be joined by The Badwills, Edinburgh's own tarantella collective, to bring you live the rhythms and sounds of the sultry south of Italy. This workshop will be an introduction to fast paced and energetic dances such as pizzica and tammurriata, and is guaranteed to have you stomping to the rhythm of the tarantula.

Scottish Country Dancing for beginners, 1 & 2 – Jen Wood & Rachel Wignall

Saturday, 9-10.15 & 10:30-11:45, St Peters Hall, Lutton Place

You have no idea what Scottish Country Dancing is, or do, but it scares you? Jen and Rachel are acclaimed New Scotland teachers, with a lot of experience in teaching Scottish Country to young, energetic beginners. No fancy technical stuff here, only what you need as a beginner to enjoy the evening dance. This workshop will be fun, that's why we dance, after all!

Scottish Highland dance – Marina Sharp

Sunday, 11.45-12.45, Pleasance, Highland Room

Originally a military dance to show off and scare your opponents, Highland dancing is both an elegant and very energetic form of dance. Marina, the New Scotland teacher, will teach you the basic moves of a simple dance, so you can scare off your enemies too!

Scottish stepdance – Fiona Campbell

Sunday, 9.15-10.15, Pleasance, Ochil Room

Have a go at the "hard" form of Scottish dancing, i.e. the Scottish form of hard-shoe dancing. Learn some basic Strathspey and Reel steps combined with simple dance patterns in this workshop. Recommended footwear is hard-soled shoes, ideally with a small heel, but not essential.

Some Really Complicated Scottish Country Dancing – Kirsten Ferguson

Saturday, 12-13.15, St Peters Hall, Lutton Place

Ok, so perhaps it won't be that bad. This is Scottish Country Dancing with a little bit extra: upside down, inside out, flipped around and plonked back down on top of itself. A chance to try some dances that are a little out of the ordinary and you might not meet every day. No technique, just some pretty funky dances to test your brain.

Swing – Helen Cheney

Sunday, 9.15-10.15, Pleasance, 48a Upper

Lindy Hop is a partner dance that originated in America during the big band Jazz era of the 1930s to 1940s. It formed out of popular dances at the time and incorporated the wild and fancy footwork of The Charleston, tap and jazz dancing. This workshop is a fun, beginners introduction to some of the rhythms and classic steps that make Lindy Hop the dance it is. Please wear comfortable, flat, slip-sole shoes and a bundle of energy.

Sword dancing – Handsworth Traditional Sword Dancers

Sunday, 10.30-11.30, Teviot, Study

Handsworth Traditional Sword Dancers from Sheffield are one of the few surviving teams of traditional Yorkshire longsword dancers, with a proud continuous history of more than 130 years. Their dance is precise, energetic and unique, and is enhanced by the elaborate military style uniforms. Although the dance is usually performed with eight men they will be presenting an exciting and challenging newly-developed 6 man version at the Festival.

Traditional Danish Folkdance – Henning Christensen

Saturday, 12-13.15, Pleasance, Pentland Room

The traditional folkdances in Denmark are from the 18th century. The dances are inspired from all of our neighbours so you'll find English style dances as well as German and Swedish. We are going to be doing ceilidh dances so all levels can participate. Hard soled shoes are normally used but trainers are equally good.

22

Tudor dance – Elizabeth Lawson

Saturday, 12-13.15, Pleasance, 48a Upper

Fun, vigorous dances from the sixteenth century onwards suitable for beginners. Most of these come from a dance manual, The Orchesographie, but we'll also have a look at a few sixteenth century survivors that turn up in the first edition of Playford's The Dancing Master.

Music

Auvergne: music from the French volcanoes – Duo Mistral (Chris & Caroline Shaw)

Saturday, 9-10.15, Teviot, Dining Room

Chris has an expertise in music and dance from Correze and Auvergne going back to the early 1980s when he first met up with Jean-Pierre Champeval and Jean-Francois Vrod. Caroline fell in love with French music and dance at about the same time she met Chris, some 14 years ago and has since developed her own expertise in both. She says Chris plays like a French peasant, a serious compliment, and Chris says she now picks up the little nuances (which he can't!) that really make the music dance!

Edinburgh Vox – Anna Tabbush

Saturday, 9-10.15, Pleasance, 48A Lower

Join Anna Tabbush of the Climax Ceilidh Band and create an uplifting, glorious, harmonious sound with contemporary and traditional songs from the British Isles and around the world. Anna leads several choirs in the South East of England and will teach all the songs by ear.

Gaelic Songs – Charles MacLeod

Sunday, 11.45-12.45, Pleasance, FolkSoc Room

This fun workshop will make you discover easy Scottish Gaelic songs with repeating choruses full of vocables. No Gaelic or previous experience necessary. There will be printed sheets with words / phonetics and translations of the songs available to everyone.

Home Recording 101 - Alastair Mackie

Sunday, 9.15-10.15, Teviot, Dining Room

Have you always wanted to make your own album, but never had the funds to pay for a professional studio? These days it is possible to record a full album in your bedroom. I will show you what equipment you need and some basic studio techniques. This workshop is aimed for complete beginners.

Medieval – Steve Tyler

Saturday, 12-13.15, Teviot, Dining Room

A workshop led by hurdy-gurdy player Steve Tyler of Angles looking at medieval music, dance tunes for the French bal, and own compositions. Hurdy-gurdies encouraged but other instruments also welcome.

Orkney Tunes – Helen Le-Mar

Sunday, 9.15-10.15, Pleasance, FolkSoc Room

At this workshop you will learn some tunes from the beautiful Orkney Islands in the very north of Scotland. The workshop is suitable for intermediate-advanced musicians and the tunes will be taught by ear.

Scottish songs - Fiona Campbell (Traditional Music and Song Association)

Saturday, 12-13.15, Pleasance, 48 Lower

Take a break to come and sing some of the songs of Scotland. There will be a mix of well-known and not so well-known songs. We'll be learning the melodies by ear but words will provided, and we may get to harmonies depending on interest. All levels welcome.

Scottish tunes – Lewis Hou

Saturday, 9-10.15, Pleasance, FolkSoc Room

Come learn some of Ceilidh Me Softly's favourite Scottish tunes. We'll go through some tunes by ear and finish with a session. Bring your own instruments (both tune and rhythm welcome), terrible puns not included.

Sing-a-long songs of Scotland – Graham Webster

Sunday, 10.30-11.30, Pleasance, FolkSoc Room

Scotland has a rich history of communal singing – from Bothy ballads to protest song – come along and learn a few pieces, hand-picked especially from the School of Scottish Studies Archive in Edinburgh

Songs: Shooting Roots Style! – Lisa Heywood

Saturday 10.30-11.45, Pleasance, 48 Lower

Come sing with us! Fun songs and catchy arrangements for all levels with a dose of Shooting Roots silliness! Shooting Roots runs folk workshops for young people by young people in theatre, music, song, craft and dance. Interested in tutoring for us? Drop by to find out more.

Ukulele and guitar – Bruce Knapp

Saturday, 10.30-11.45, Teviot, Dining Room

Bring your ukuleles and guitars to a workshop with Bruce Knapp of Climax Ceilidh Band (and formerly of Ukulele Orchestra of Great Britain) for some fun interpretations of well known tunes. All abilities welcome.

Other

Beginners Balloon Modelling – Jenny Harding

Sunday, 11.45-12.45, Pleasance, Pentland Room

Balloon modelling for beginners! If you've ever wanted to learn to make a sausage dog or silly hat, or fancy a nice relaxed Sunday morning then this is for you. No equipment necessary, max 12 people.

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Calling for Ceilidhs – John Brown

Sunday, 11.45-12.45, Teviot, Study

Have you every wanted to call at a ceilidh, but never had ? Have you maybe called once or twice and want to call more? Do you just need to find some other callers to talk to? Or do you just have an insane lust for power? This is the workshop for you, we'll cover all the basics a discuss problems people have with calling. Beginner and experienced callers welcome.

Fun with folk bagpipes, folk dance and folk tales; The traditional role of bagpipers in European folkdance - James Macdonald Reid

Saturday, 9-10.15, Pleasance, Pentland Room

James MacDonald Reid learned bagpiping, singing, dancing and folktales from childhood within the Scottish Gaelic tradition. As a teenager he travelled through other parts of Europe to learn their equivalent traditional bagpipes and dances.ar For this session, he will play and demonstrate a variety of folk-bagpipes used for dancing, show some of the dance styles and recite some of the folklore of pipers who play for the village dance.

Improvisational storytelling – Tom Goodale

Saturday, 10.30-11.45, Pleasance, FolkSoc Room

Get your creative juices running with fun games which will help you create a story on the fly, keeping your audience interested and bringing the story home.

Indian Head Massage – Lucie Robertson

Sunday, 9.15-10.15, Pleasance, Highland Room

Are you in need of a rest between dances? Why not try Indian Head massage? This is a soothing type of massage which is often used in India for relaxing and healing purposes. The workshop will teach you a simple routine with some basic moves, leaving you fresh and ready for the day to come.

Origami – Johann Bryant

Sunday, 10.30-11.30, Teviot, Dining Room

If you can see animals in clouds, mountains in sand or patterns in dots or numbers then why not make your imaginings reality? Origami is folding paper (literally) with mind or maths to create that which is not there... sounds Zen? Mu...

Storytelling: Ghosts and ghoulies – Erin Fairley

Saturday, 12-13.15, Pleasance, FolkSoc Room

An introduction to stories of ghosts and the supernatural from Scotland and beyond, with ideas for how to terrify your audience and where to find spooky stories.

Storytelling (The Orient and beyond) - Johann Bryant

Sunday, 11.45-12.45, Teviot, Dining Room

Storytelling in and of the Orient. We'll look at the rise of storytelling in the Orient, some of its themes and how it differs and is similar to that of the West.

Bromyard FOLK festival September 12th-14th 2014

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