

Getting Hold Of Us / Information

The main **Information Desk** at the university will be staffed.

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|-----|--|
| Fri | 18:00 to 00:00 in The Octagon |
| Sat | 08:30 to 02:00 in The Octagon |
| Sun | 08:30 a.m to 16:00 in The Foundry Lower Entrance |

There will also be a desk at both sleeping venues which will be staffed when the sleeping venue is open. You can also contact someone at any time during the festival on 0701 744 8333.

Changes to the Programme will be advertised at the information desk. Please take the opportunity to check for any alterations when you collect your programme. Where possible programme changes will also be advertised at the sleeping venues.

Baggage & Valuables can be left either at the sleeping venues or at the information desk in the university. Access to the union baggage room is the same as the information desk times (see above). For access times for Croft House and St. Andrews please see the 'Sleeping Venues' section on the next page.

Stewards are wearing purple T-Shirts and will respond to questions if you ask nicely. If they ask you to do things please try to help - if you have complaints, or don't want to do what the stewards ask please talk to a member of the committee or to the people at the information desk.



FOOD & DRINK

Whether you want a hearty meal or a quick snack, the Union has something to offer at any time of the day!

BREAKFAST

The Interval and Fusion Food
(Sat and Sun)

from 7.30am:
Start the day with a decent cooked breakfast! Meaty, veggie and vegan options available.

LUNCH

New Leaf (11am - 3pm): Create your own salad from £2.45
The Interval: Serving a wide range of meals and snacks including veggie and vegan options

General Information

Bars, Food & Sessions The University Arms is available for sessions all day Friday, Saturday and Sunday. The Octagon Bar (in The Octagon next to the main hall) will also be open and available all day Saturday. The Interval bar (inside the Students' Union) is our main food outlet but there are also various other options around the University. Please try to avoid playing in the corridors of the Students' Union - non-folkies will be present and trying to get past.

EVENING

(Fri, Sat and Sun)
The Interval 4pm - 9pm

Choose one of the huge Combos available, they're sure to see you through the night!
AND THERE'S MORE...
Bar One Food serving pizzas, subs and burgers from 11am 'til late each day.
Coffee Revolution serving an extensive range of coffees, teas and smoothies, plus sandwiches, paninis and cake from 8am 'til 7pm

DRINKING

Get yourself a pint of Festival Ale brewed especially for IVFDF08 by Sheffield's Abbeydale Brewery from any of the venues during the festival. Or visit The Interval and try one (or more!) of the hand-pulled ales and ciders on offer.



We are invited to **Sunday Service** at St. Andrews church (i.e. sleeping venue 1). The service starts at 11 a.m. and ends at approximately 12 noon. (Note: It will be their Mothering Sunday service.)

T-Shirts are, as ever, on sale from the information desk. Available in both standard and ladies fitted and in a range of colours and sizes. T-Shirts cost just £8 which is a complete bargain!

Sleeping Venues

Sleeping is at either Croft House or St. Andrews Church - both are shown on the centre map. St. Andrews is about 10 minutes' walk and is our 'early/quiet' sleeping venue. Croft House is about 15 minutes' walk and will host the late night session.

Escorted groups will be leaving from the Octagon for Croft House from midnight. If you are making your own way we suggest walking in small group rather than walking alone. If you get lost you can call us on 0701 744 8333.

Sleeping venues are open:

| | |
|--------------|--|
| St. Andrews: | Friday 20:00 to Saturday 9:00 Saturday all day (Baggage access) Saturday 23:30 to Sunday 9:30 (all out) |
| Croft House: | Friday 20:00 to Saturday 11:00 Saturday 13:00 to 14:00 (Baggage access) Saturday 19:00 to 20:00 (Baggage access) Saturday 22:00 to Sunday 12:00 (all out) |



Other people will be using Croft House on Saturday and Sunday morning so please follow the signs to ensure you do not sleep in the wrong room and if someone asks you to move please be responsible and reasonable!

Teas and Coffee will be available at the sleeping venues - donations to cover costs. Earplugs are on sale in the sleeping venues & the main information desk.

Showers

Showers are available at Goodwin Sports Centre which is shown on the map. As you walk along Northumberland Road there is a small road on the right (sign-posted to Goodwin) walk down it and go into the first door on your left after you go past the traffic barrier - it's just under 10 minutes walk from the Octagon.

Show your wristband at the reception desk for access. Goodwin is open 9:00 to 19:00.

Morris Tour

The **Morris Tour** will be wandering around the centre of Sheffield between 10:30 and 15:00 on Saturday. The morris tours leave from in front of the Octagon at 10:30 prompt. If your group is intending to go on the Morris Tour please sign up on Friday night so we can organise groups.

The tours will be dancing outside:

Orchard Square
Cathedral
Town Hall
Barkers Pool

A full itinerary is available from the information desk.
If you'd like to take part in the scratch morris side please sign up at the information desk on Friday night or Saturday morning.

Craft Fair

The Craft Fair / Stalls is in the Octagon entrance hall and bar on Saturday and Foundry lobby on Sunday with the exception of the musical instrument stall which is at the back of Loxley's. Some stalls may not be open at all times due to workshops.

Stalls (All Weekend):

Musical instruments, Pete Grassby and Pete Cunningham
Button Jewellery, Helen Bell
Massage, Alley York

Stalls (Saturday Only):

Sock Monsters, Abi Gibbens
Batik art (pictures and cards), sculptural leaded glass spiders, silver jewellery and ethnic clothing, Denise Kitchener
JP Howard, Clogs and leatherwork
Ethnic clothing, incense aromatherapy, myth and magic items, Julie

AGM

Many of you know IVFDF as just a festival, however there is a little more to IVFDF than just that. IVFDF is an association of student folk/ceilidh societies, who between them take turns to host the festival. Any society which is recognised and supported by a British University, and has at least two members of the society (which are students at a British University) at the festival, can join IVFDF. Becoming a member society makes your society part of the future of IVFDF, and gets you involved. Your society could even opt to host a future festival. As a member society of IVFDF you can send two representatives to the IVFDF AGM. The AGM is your society's chance to find out more about IVFDF, and get involved in the planning of IVFDF. It gives you a chance to have your say.

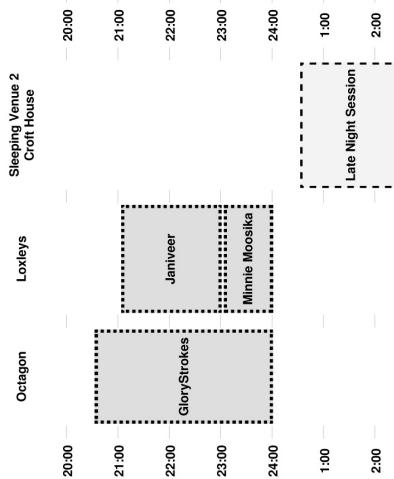
A sign up sheet for societies is available at the information desk, over the weekend. If you have any questions about IVFDF the organisation, or the AGM, go to the information desk for further information.

The IVFDF AGM will be in Meeting Room 1 in the Octagon @ 19:00 on Saturday. Hopefully a short meeting so we can all make it to the start of the Ceilidh.

And a big thank-you to:

Grace Jackson (Graphic design), Richard Masters, Tom Wright (the IVFDF Audio Trailer), Chris White, Steve Harper (Union Ents), Mike Pidgeon (University Arms), John Stewart (Decoration, Lighting, Equipment testing, and just being John), Jemma Gurney (On-Line Promotions), Nigel Holmes (Printing), Ian Cooke (St. Andrews), Tracy Rayment, Alison Edmondson (External IVFDF advisors), Bob Morgan (Octagon Venue Coordinator), Amber Mahoney (University House Venue Co-ordinator), Ben Reid (Misc IT services), Jess Arrowsmith (P.A.), Doug Oates, Jay Cooke, Dylan Davis, Tom Wright (Sound engineering)

Timetable - Friday



Timetable - Saturday

| Workshops Times | | Octagon | Loxley's | St. Andrews | Firth Hall | Morris Tour | Ocatagon Meeting Room | University Arms |
|-----------------|-------------------------------------|---------|----------|------------------------|-------------------------|-------------|----------------------------------|-----------------|
| 09:00 to 10:15 | Display Ceilidh Rehearsal (sign-up) | | | Breton Singing & Dance | | | | |
| 10:25 to 11:40 | | | | Beginners' Scottish | | | Harmony Singing | |
| 11:50 to 13:05 | | | | Swing | | | Pilates | |
| 14:00 to 15:15 | Display Ceilidh | | | Sheffield Carols | | | Storytelling | |
| 16:00 | | | | | Spiers & Boden Crucible | | Calling 2 | |
| 16:15 to 17:30 | | | | | Molly | | Roaring '20s | |
| 17:40 to 18:55 | | | | | Contra | | Bollywood Dance | |
| 19:00 | | | | | | | AGM | |
| 20:30 | | | | | | | | 20:00 |
| 21:30 | | | | | | | | 21:00 |
| 22:30 | | | | | | | | 22:00 |
| 23:30 | | | | | | | | 23:00 |
| 24:30 | | | | | | | | 24:00 |
| 01:30 | | | | | | | The Grindies' Misfortune Society | 01:00 |
| 02:30 | | | | | | | Late Night Session | 02:00 |
| 03:00 | | | | | | | Sleep Venue 2 Croft House | 03:00 |

Timetable - Sunday

| Workshops Times | Foundry | Fusion 1 | Fusion 2 | Loxley's | Brook Hill Hall | University Arms | Satpal Ram | 09:00 |
|----------------------------|--|--------------|--------------------|------------------------|-----------------|---------------------|-----------------|-------|
| 10:00 10:00 to 11:15 | Survivors' Scratch Band Workshop (sign-up) | Scandi Dance | Shape Note Singing | Macedonian Dance | Border Morris | | Massage Therapy | 10:00 |
| 11:30 11:30 to 12:45 | Survivors' Scratch Band Sound Check | French Dance | Belly Dancing | Live Sound Engineering | Catswold Morris | Playing for Dancing | Sock Monsters | 12:00 |
| 13:00 | | | | | | | | 13:00 |
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| | | | | | | | | 22:00 |

Thanks also to:

Sheffield TSC, Sheffield Union Security, Croft House, Sheffield Students Union, University of Sheffield, RSCDS, Ask4, SJJB Management & St Andrews Church

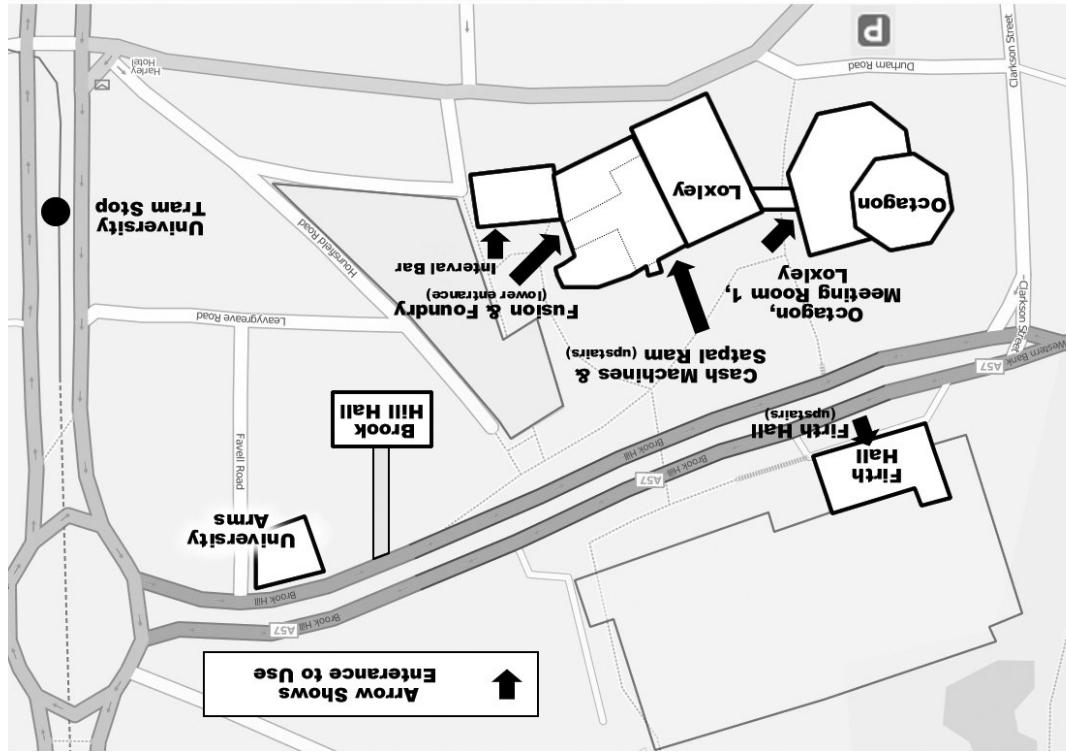
The committee would also like to thank all our artists, workshop leaders, and stewards, without them it would be a very dull weekend.

Your festival Committee

John Brown, Helena Davenport, Jerry Elsmore, Cait Leach, Sarah Pollard, Brian Quinion, Charley Roberts & Jennifer Stone. Hopefully proving that you don't need a huge group to run a successful festival.

We all hope you enjoy the festival!

Arrow Shows Entrance to Use



Main Events

Crucible

Saturday 15:30 to 17:30 in Firth Hall (Concert)

Crucible marry driving and infectious instrumental music with richly layered harmony song and subtle accompaniments. Their music combines the deepest roots of their native English tradition with a fresh and contemporary edge to produce performances sparking with raw energy. Now enjoying considerable success, they have performed on the main stages of major folk festivals in the UK and abroad, and at IVFDF we see them back in their home town of Sheffield.



Display Ceilidh

Saturday 13:30 to 16:00 in The Octagon (Concert)

The display ceilidh is a chance for groups to showcase the best they can do. Display spots and ceilidh dancing. Remember to sign up at the information desk. Rehearsal slots are available 8:45 to 10:45.

The Gloworms

Saturday 8:30 to midnight in the Octagon (Concert)

For our Saturday night e-ceilidh knees up we're going to take you on a journey through the shiny bright, utterly stompy and effervescent music of the amazing Gloworms, in perfect partnership with the eminent Nick Walden, who will guide you through the dances with his own imitable flair.



GloryStrokes

(Concert)

Saturday 15:30 to 17:30 in Firth Hall (Concert)



The Grinders' Misfortune Society

Saturday Late Night, 00:15 to 01:30 in The Octagon (over 18s only due to license restrictions)

Caller: John Brown
The display ceilidh is a chance for groups to showcase the best they can do. Display spots and ceilidh dancing. Remember to sign up at the information desk. Rehearsal slots are available 8:45 to 10:45.

Caller: Nick Walden

Saturday 8:30 to midnight in the Octagon (Concert)

John Spiers & Jon Boden

Saturday 15:30 to 17:30 in Firth Hall (Concert)



Caller: Pete Rees

Saturday 8:30 to midnight in the Octagon (Concert)

(Roots Party)

Possibly the world's only traditional English metalcore dance band, GloryStrokes bring together some well known names from the UK folk dance scene with a cataclysmic dash through their skeleton-riddled musical closets. Take two melodeons, add double kick drums, detuned guitars, beats, samples and weird keyboard noises and you're left with traditional music as it hasn't been heard before, bridging the barrier from barn dance to mosh pit, with shouts from the deleteriously delirious Pete Rees.

The Grinders' Misfortune Society

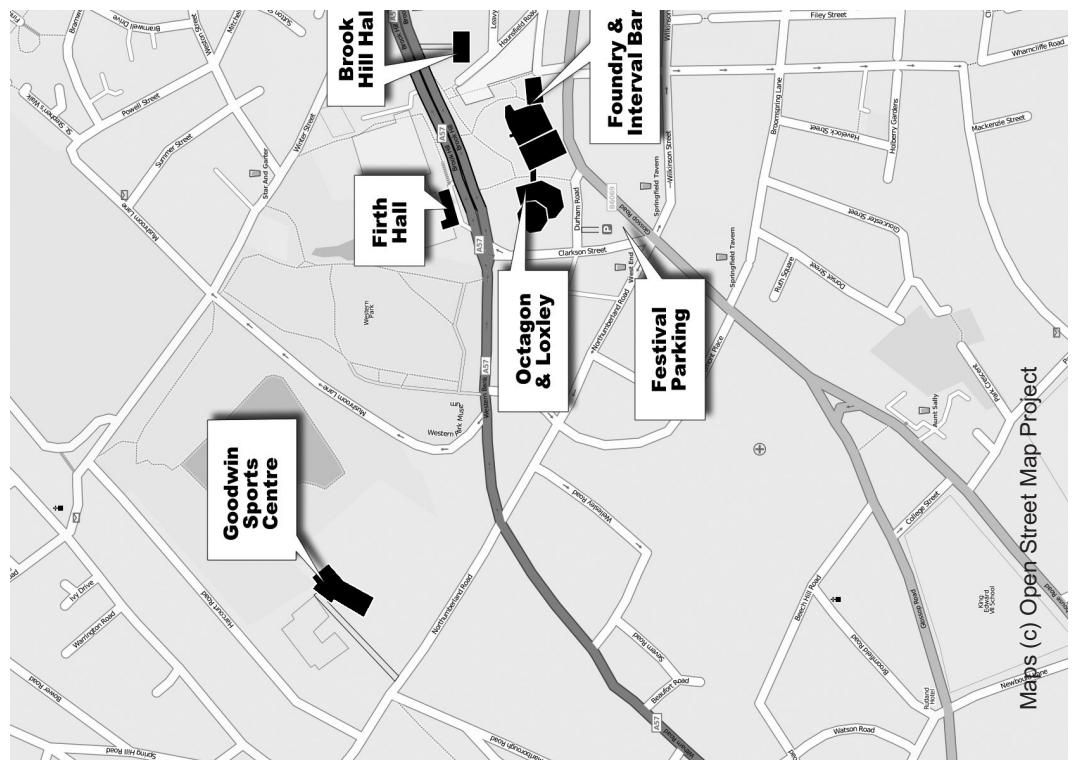
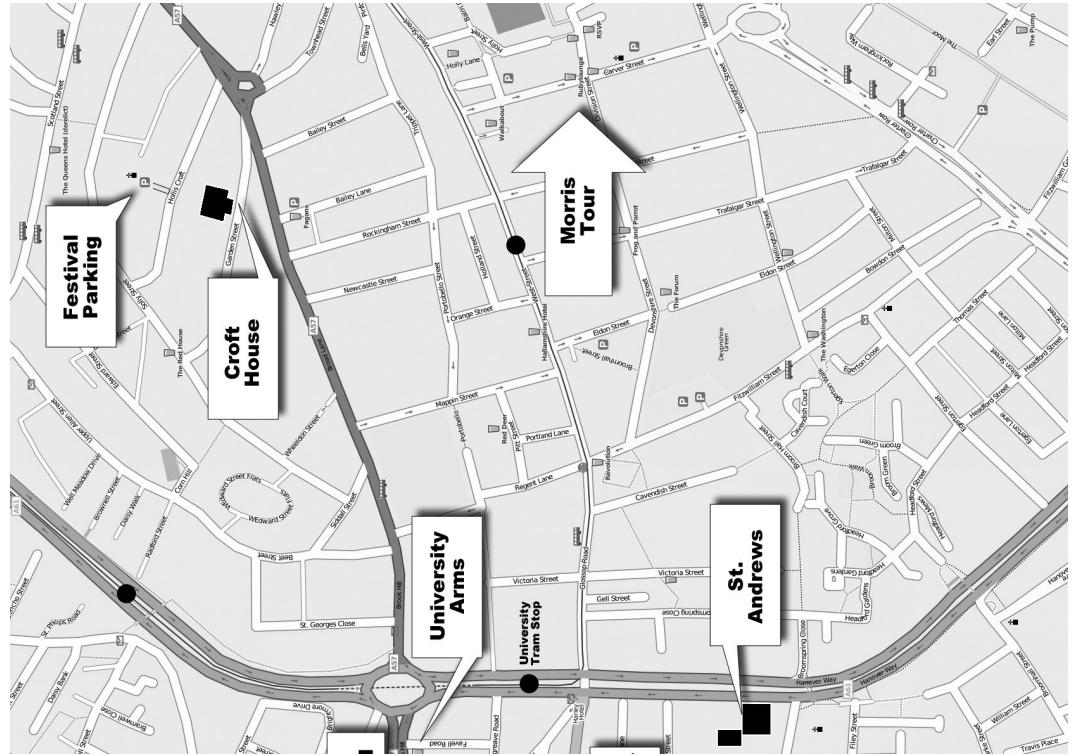
Saturday Late Night, 00:15 to 01:30 in The Octagon (over 18s only due to license restrictions)



(Roots Party)

Saturday 15:30 to 17:30 in Firth Hall (Concert)

Our Saturday Late Night Extra! Organic anglo-trad drum & bass clockworktronica party music, bringing folk crashing into the walls of the exceptionally contemporary, for anyone who just can't help but jump around. Members have a wide range of musical backgrounds and are all well-known on the scene (and on other scenes) in various guises, but are here united in a new 21st Century quest.



Janiveer

(Eurodance)
Friday, 21:00 to 23:00 in Loxleys
As Jabadaw they have been delighting French dance audiences across the country for years with their trad-jazz fusion tunes and relaxed style. Now enlivened and reformed as Janiveer with a line-up of hurdy-gurdy, box, fiddles, pipes, sax, mandola, bass and drums they are great for some slinky French dancing or for chilling out and taking in the atmosphere.

Minnie Moosika

(Eurodance)
Friday, 23:00 to 00:00 in Loxleys



Minnie Moosika play a frenetic repertoire of foot stomping klezmer and Eastern European tunes on double bass, clarinet, fiddle, mandola, guitar and voice. They formed in 2003 to play music for dancing at the St Chaitter street festival and since then they've played at venues and festivals around the UK - Small World, Firefly, Towersey, Beverley, Sheffield, Kerry, Off The Tracks. We think you'll enjoy them - we certainly do!

Storytelling Session

Saturday, 18:00 to 19:30 in The University Arms
Listen to Simon Heywood weave a yarn or two, bring your own tales to share or just sit back and relax - it's storytime...

Survivors' Ceilidh (led by Trinculo)

Caller: Jenny Reid
Sunday, 13:00 to 16:00 in Foundry
Dance to the end of the festival on Sunday afternoon with a band made up from anyone who wants to take part. A gentle relaxed ceilidh to round off the end of the weekend. If you'd like to take part in the band there is a sign-up sheet at reception. See the "Survivors' Scratch Band Workshop" for more details.

Triple Scotch

(Eurodance)
Saturday, 20:00 to 23:00 in St Andrews
Highly talented Scottish musicians and co-founders of our neighbouring student ceilidh night Manchester Ceilidh, Triple Scotch Ceilidh Band will be providing the music for Saturday evening's Scottish dance. In addition to the printed dance programme, callers James and Seonaid will be including some favourite Scottish ceilidh dances for your enjoyment. **Bring your own drinks - there is no bar in this venue.** The programme is summarised below - a full crib sheet is available either from the desks or at the event.



We would like to thank The Royal Scottish Country Dance Society for their sponsorship of this event as well as New Scotland for helping to put together the dance programme.

THE LUCKENBOOTH BROOCH (R8x32) 3C (4C set)
THE HIGHLAND BOOMER (R8x40) 3C (4C set)
THE WIND ON LOCH FYNE (S3x32) 3C Triangular set
CESTIL AMOUR (R8x32) 3C (4C set)
REFL OF THE PUFFINS (R4x32) 4C set 3s & 4s on opp sides
SILVER TASSIE (S8x32) 3C (4C set)
THE WILD GEESE (R8x32) 3C (4C set)
THE EIGHTHOME REEL (R40+8x48+40) Sq Set

- Short Interval -

ST ANDREWS FAIR (R8x32) 3C (4C set)
THE DEVIL AMANG THE TAILORS (R8x32) 3C (4C set)
TRIP TO BAVARIA (R4x32) 4C set
NEIDPATH CASTLE (S3x32) 3C set
THE BEES OF MAGGIE KNOCKATER (J4x32) 4C set
THE WEE BUS (R8x32)
THE DUCHESS TREE (S8x32) 3C (4C set)
SNAKE PASS (R8x32) 3C (4C set)
REFL OF THE 51ST DIVISION (R8x32) 3C (4C set)

Extras:
POTHES JIG (J4x32) 4C set
MARI'S WEDDING (R8x40) 3C (4C set)

R Clowes Ormskirk SC Bk 5
Cosh 22 SCDS Bk 2

Vertical Expression
(Contra Caller: Andrew Swaine Saturday, 20:00 to 23:00 in Loxley's
High-energy contra band Vertical Expression took IVFDF 2007 by storm and we are delighted that they're back for more in 2008, ably assisted by the immensely talented caller Andrew Swaine. Featuring a 4-piece line up of fiddle, melodeon, guitar and double bass, the band play up tempo American, French-Canadian and Irish tunes with hints of English ceilidh, bluegrass and jazz influences. Andrew is a popular caller and IVFDF regular who is well-known on the contra circuit.

Workshops

Workshops labelled with a (B) are particularly aimed at beginners. Workshops labelled with (I) for intermediate are aimed at people with some experience or quick learners! All other workshops are suitable for people of all skill levels.

Entrance to workshops will be on a first-come first-served basis based on capacity. Where workshops are particularly limited it is mentioned in the description and there may be a sign up sheet at the information desk.

Dance Workshops

American Flatfooting (B)

(with Sara Marshall Saturday, 16:15 in Brook Hill Hall
Try something different with the rhythms of this exciting dance style. Be prepared to be challenged! You will need smooth soled or tap shoes.

Appalachian (B)

(with Feet First Saturday, 10:25 in Brook Hill Hall
A chance to learn Appalachian 'clogging' with members of Derbyshire-based Appalachian team Feet First. Have fun learning this amazingly enjoyable rhythmic dance style. Hard-soled or tap shoes useful but not essential.

Argentine Tango

(with Janeen Akhtar & Yohann Le Grand Saturday, 11:50 in St. Andrews
Slinky, sexy, satisfying - the real thing. Couple dancing with real communication. No partner necessary. Soft shoes recommended.

Beginners' Ceilidh

(with Pete Rees) Saturday, 11:50 in Foundry
Pete Rees's Big Bad Ceilidh Workshop. If you're new to ceilidhing, or an intermediate who wants to brush up on your skills this one's for you. No need to bring a partner.

Bollywood Dance

(with Sheena Brabazon) Saturday, 17:40 in St. Andrews
The best moves from modern Indian cinema are high-energy and fun. Bring water and a great sense of humour.

Boomshanka Tribal Bellydance (B)

(with Julia Bisby) Sunday, 11:30 in Fusion 2
A lively, fun and energising workshop that is suitable for women of all shapes and sizes. You will learn a combination of basic moves, steps and shimmies that form an impressive choreography.

Breton Singing and Dancing

(Gwen Ambuhl & Graham Knapp Saturday, 9:00 in St. Andrews
Learn some French songs for circle, chain and couple dances, and have a go at the dances. All levels welcome.

Clog (B)

(with Vickki Lewis) Saturday, 11:50 in Brook Hill Hall
Try clogging in the Lancashire style. No experience necessary. Hard soled shoes or clogs needed.

Contra

(with Andrew Swaine) Saturday, 17:40 in Loxley's
Contra dancing is tantric, high-energy, exhilarating, dazzling... what the American dance scene was inventing while we were busy inventing English Ceilidh. A conversion course for ceilidh goers before this evening's main event.

GLORYSTROKES

Cotswold Morris *(with Pecsaetan)* **Sunday, 11:30 in Brook Hill Hall**
Come and try a Cotswold hanky dance Pecsaetan style. Bring hankies if you have them, but don't worry if not.

Dance 4 All

(with Gwen Ambuhl) **Saturday, 11:50 in Fusion 1**
Dance workshop for people with learning disabilities in association with the Burton Street Foundation. 1 to 1 carer free.

French Dance

(with Sheffield Eurosession) **Sunday, 11:30 in Fusion 1**
Have a whirl through the slinky dances of central France, including the waltz, bourrée, schottish and more. Easier with slippy shoes.

Grenoside Longsword Dance *(with Grenoside Longsword Dancers)* **Saturday, 10:25 in Fusion 1**
A unique Sword Dance and the first to be collected by Cecil Sharp in 1910. The workshop will teach the figures and the distinctive Break Step. Bring stepping shoes/ clogs if you have them, not obligatory though.

Macedonian Dance

(with East Handed) **Sunday, 10:00 in Loxley's**
Learn to dance Macedonian style - lively jazzy fresh melodious original evocative rhythmic Balkan music! Suitable for everyone, get rocking to the Balkan beat.

Molly

(with Gog Magog) **Saturday, 16:15 in Loxley's**
OK, we admit it, you don't HAVE to be mad to do molly dancing, but it does help! Danced to a step-hop throughout, it's like morris dancing but sillier and more fun - and there's not a hanky in sight. Gog Magog have made this dance form their own over recent years - so learn from the experts.



Industrial Revolution

EP available now

See them

Oct 18th 2008

Water Aid Ceilidh

Sheffield Octagon

More info www.bignationaleceltidh.co.uk
or www.glorystrokes.com
0114 2470099

Non-Traditional Border Morris (*with Boggart's Breakfast*)
Boggart's Breakfast dance their own composed dances in a modern variation on the border morris style. Learn some really unusual and interesting figures you won't have seen anywhere else.

Playford with Attitude

(*with Rhodri Davies*) **Saturday, 9:00 in Brook Hill Hall**
Playford published "The English Dancing Master" at the end of the English Civil war when you might expect that dancing would not have been allowed. Time to recapture the subversive spirit of the original and dance with style, energy and enjoyment.

Pole Dancing

(*with Eve Webster*) **Saturday, 14:00 in Foundry**
A taster session, looking at basic spins and transitional moves for this increasingly popular dance form. **Numbers strictly limited - sign up at the information desk.** First-come first-served!

Rapper Sword Dance

(*with Triskele*) **Saturday, 9:00 in Foundry**
Try this fast-moving traditional sword dancing. Beginners-Intermediate. Smooth hard soled shoes useful but not essential.

Roaring '20s

(*with Sheena Brabazon*) **Saturday, 16:15 in St. Andrews**
Come and learn to Charleston, Blackbottom and shimmy till your garters break! Smooth-soled shoes a must for the sliding steps.

Salsa Rueda

(*with Mike Gibbs & Heidi Newberry*) **Saturday, 10:25 in St. Andrews**
Rueda is danced with couples in a circle, salsa moves to a caller - Latin barn dancing. Fun, fast and a little bit sexy. No partner necessary.

Scandi Dance

(*with Sheffield Eurosession*) **Sunday, 10:00 in Fusion 1**
Have a go at some atmospheric couple dances from the dark northern lands, including the enigmatic polska and Swedish schottish. No partner necessary. Easier with non-grippy shoes.

Scottish Country Dance (B)

(*with Debbie Hammond*) **Saturday, 10:25 in Loxley's**
Simple fun dances to cover basic formations and steps, skip change and strathspey. Could also be considered a Scottish conversion course!
Scottish Country Dance (I) (*with Alison Edmondson*)
Saturday, 17:40 in Brook Hill Hall
Try some more Scottish dance figures in the intricate dances written by John Drewry. Previous experience of Scottish dancing is an advantage but is by no means necessary!

Swing

(*with Linda Moon*) (*with Alison Edmondson*)
Saturday, 11:50 in Loxley's
Ever popular, fun dancing with a partner to swinging tunes. No partner necessary.

Music & Song Workshops

Fiddle

(*with Jess Arrowsmith*) (*with Linda Moon*)
Saturday, 9:00 in Fusion 2
Participatory workshop, for beginner/intermediate fiddle players who can already play at least a simple tune. The workshop will explore phrasing, ornamentation and bowing techniques, playing by ear and helping you to develop your own style.

Harmony Singing

(*with Fay Field*) (*with Linda Moon*)
Saturday, 10:25 in Octagon Meeting Room 1
Learn warm up techniques, vocal control and tools for creating harmonies. Enthusiasm is more valuable than perfect pitch for this workshop, come along and sing your head off.

Macedonian Music *Saturday, 16:15 upstairs @ University Arms*
(with East Handed)
Learn to sing Macedonian style - lively jazzy fresh melodious original evocative rhythmic Balkan music! Workshops suitable for everyone, get rocking to the Balkan beat.

Melodeon *Saturday, 14:00 upstairs @ University Arms*
(with Martin Keates)
Participatory workshop, for beginner/intermediate melodeon players who can already play at least a simple tune. The workshop will explore ways to develop your technique. Led on a G/D box but anyone welcome.

Music 4 All *Saturday, 14:00 in Fusion 2*
(with Gwen Ambuhl)
Great fun musical games for people with learning disabilities in association with the Burton Street Foundation. 1 to 1 carer free.

Playing for Dancing *Sunday, 11:30 in University Arms*
(with The Gloworms)
Exploring how to make music exciting for dancers as a band. Bring your own instrument if you want to play.

Scandinavian Tunes (for dance) *Saturday, 11:50 in Fusion 2*
(with Carol Turner)
Learn some tunes to match a few of the regional polska styles of Sweden. All instruments welcome (but tunes commonly in G, D or A).

Shape Note Singing *(with Carmel Wood & Simon Dumpleton)*
Sunday, 10:00 in Fusion 2
An introduction to this rich American harmony tradition as heard on Cold Mountain. Prepare to sing with enthusiasm. All welcome.

Sheffield Carols

(with Ray Ellison)
Saturday, 14:00 in Loxley's
Re-visit the joys of Christmas with this unique and beautiful local pub tradition - all singers welcome, dots provided for melody players. Enthusiasm is more important than ability.

Sheffield Tunes

(with Paul Davenport)
Saturday, 10:25 in Fusion 2
The workshop will explore the rich and unique tunes from the local fiddle traditions, looking at interpretation and developing style. Written notation will be provided and a 'by-ear' session will allow players to access these unique dance tunes. All abilities and melody instruments welcome.

Slow and Steady Tune Session

(with Val Huzzard)
Saturday, 16:30 in Octagon Bar
An informal music session to play tunes together at a steady pace. All musicians welcome, especially those who are new to sessioning or don't fancy attempting to keep up with 100mph fiddle tunes!

Songwriting

(with Simon Heywood)
Saturday, 11:50 upstairs @ University Arms
We're aiming to send you away from this workshop with at least a new chorus and maybe half of verse one. Hints and tips from a master. Survivor's Scratch Band

Other Workshops

(with Andrew Swaine)
Saturday, 10:25 in Fusion 1
(with Nick Walden)
Saturday, 16:15 in Octagon Meeting Room 1
A pair of flexible workshops covering some or all aspects of the marvellous art of calling.

Live Sound Engineering

(with Tom Wright)

Sunday, 11:30 in Loxley's
A guide to setup and use of PA for folk concerts and Ceilidhs. Bring a note pad!

Massage Therapy

(with Alley York)

Sunday, 10:00 in Satpali Ram
Do you fancy a chance to recharge your batteries? Come and learn some simple massage techniques for tired muscles at work and home.

Mumming

(with Handsworth Longsword Dancers)

Saturday, 9:00 in Fusion 1
Come and have a go at the traditional Derby Tup mummers' play as performed around the villages of south east Sheffield and north Derbyshire in the weeks before Christmas - then perform in the display ceilidh! It is essentially a song with characters performing the actions; the central character, of course, is the Tup himself who overacts outrageously in whatever way he wishes. Limited parts - sign up at the information desk.

Pilates

(with Eve Webster)
Saturday, 11:50 in Octagon Meeting Room 1

Have a go at this challenging and yet really relaxing exercise technique focussing on core stability. Bring your carry-mat if possible! All fitness levels welcome.

Sock Monsters

(with Abi Gibbens)

Sunday, 11:30 in Satpali Ram
Learn the basic how-to's, tricks and techniques of making your very own sock monster. No sewing experience necessary. All equipment provided, though feel free to bring your own sock if you wish!

Storytelling Workshop

(with Simon Heywood)
Saturday, 14:00 in Octagon Meeting Room 1

Where the cocks never crew and the winds never blew and the devil never sounded his horn - where's that? Find out at this beginner's practical introduction to the forgotten folk art.



CAMPAIGN
FOR
REAL ALE

**Don't just think about it...
... join CAMRA today**

get involved... **socials**

Pub crawls
Beer Festivals
Awards nights
Food & Ale
Brewery trips



for local listings see sheffieldcamra.co.uk

get involved... **campaign**



Support your local brewer and
reduce beer miles!
At the heart of the community -
support your local pub!



Keep it real... Cask Conditioned
real ale and proper traditional
Cider & Perry



As a consumer campaign we also
fight short measures, excessive tax
and more, and successfully
campaigned for licencing reform.

www.camra.org.uk